LONDON metro®

Lotto MAX Tonight's Jackpot
$50 MILLION estimated
PLUS MAXMILLIONS
20 EXTRA estimated
$1 MILLION PRIZES

BLANCHETT VS. BULLOCK: WINNER GETS TO WEAR A REAL SMILE

JUST ONE OF THE RIVALRIES TAKING PLACE AT THE OSCARS ON SUNDAY NIGHT PAGES 23-24

How much is city council costing you?

Nearly $1 million, according to the latest expense numbers from London city hall PAGE 3

Local company gets $1M boost from province

Investment in London-based Brose Canada will secure existing jobs and add 20 new positions PAGE 4

NEWS WORTH SHARING.

Breakthrough on budget at city hall

Late-night session. Council locked in debate, tax rise dips below three per cent

MIKE DONACHIE
mike.donachie@metronews.ca

There was fatigue and frustration in the room, but council finally had a late-night breakthrough on the 2014 city budget.

Mayor Joe Fontana and his followers had declared they wanted the city's property tax hike to come down below three per cent and that's where it landed.

It took more than 50 hours of debate across seven meetings. There were raised voices many times. And it looked like Thursday night's session would go on until breakfast.

Council was stymied by conflict between feeding a multi-million-dollar focus on economic development and a desire to bring the tax rise down.

The hike was at 3.2 per cent at the start of the meeting, but many councillors made it clear they couldn't sell such a rise to the electorate in the fall.

The room got hotter and so did the debate. Everybody was tired, especially after a 1 a.m. finish for the previous budget battle from Tuesday night through Wednesday morning.

But, suddenly, a deal was done. After almost five hours of on-off discussions, Fontana asked for a break.

He came back with a plan. He suggested raiding a reserve fund for $1.7 million, which was money made available due to Ontario Works obligations being taken over by the province. He also wanted to use the $250,000 surplus sent back to the city by the London-Middlesex Health Unit.

That would bring the tax hike down to 2.7 or 2.8 per cent, or a rise of about $65 for an average householder, and council agreed.

And that's when Coun. Joni Baechler, who's quitting municipal politics in frustration, vented her feelings.

"I've been through 14 budgets and this has been the worst one I've ever seen," she said.

She apologized to staff for waiting until this late stage to take their work and "pick it apart" in search of cuts and with an eye on the election.

Baechler criticized the search for "a magic number" on the tax rise and accused those around the table of "abdication of our responsibility."

Most tellingly, the councillor whose Twitter catchphrase is "read the report" when colleagues ask ill-informed questions in committees, said: "I have seen so many councillors completely unprepared to deal with this budget that I am embarrassed."

It had indeed been lacking direction all night.

Coun. Stephen Orser drew laughs when he summed up the debate with the quip: "I can't tell if you guys are left wing, right wing or chicken wing."

But many decisions were made. Council approved budget rises for the police, fire department, Museum London, the library and others. An extra $1.7 million for road repairs was approved, as was the $200,000 bike lane creation fund, and millions for economic development.

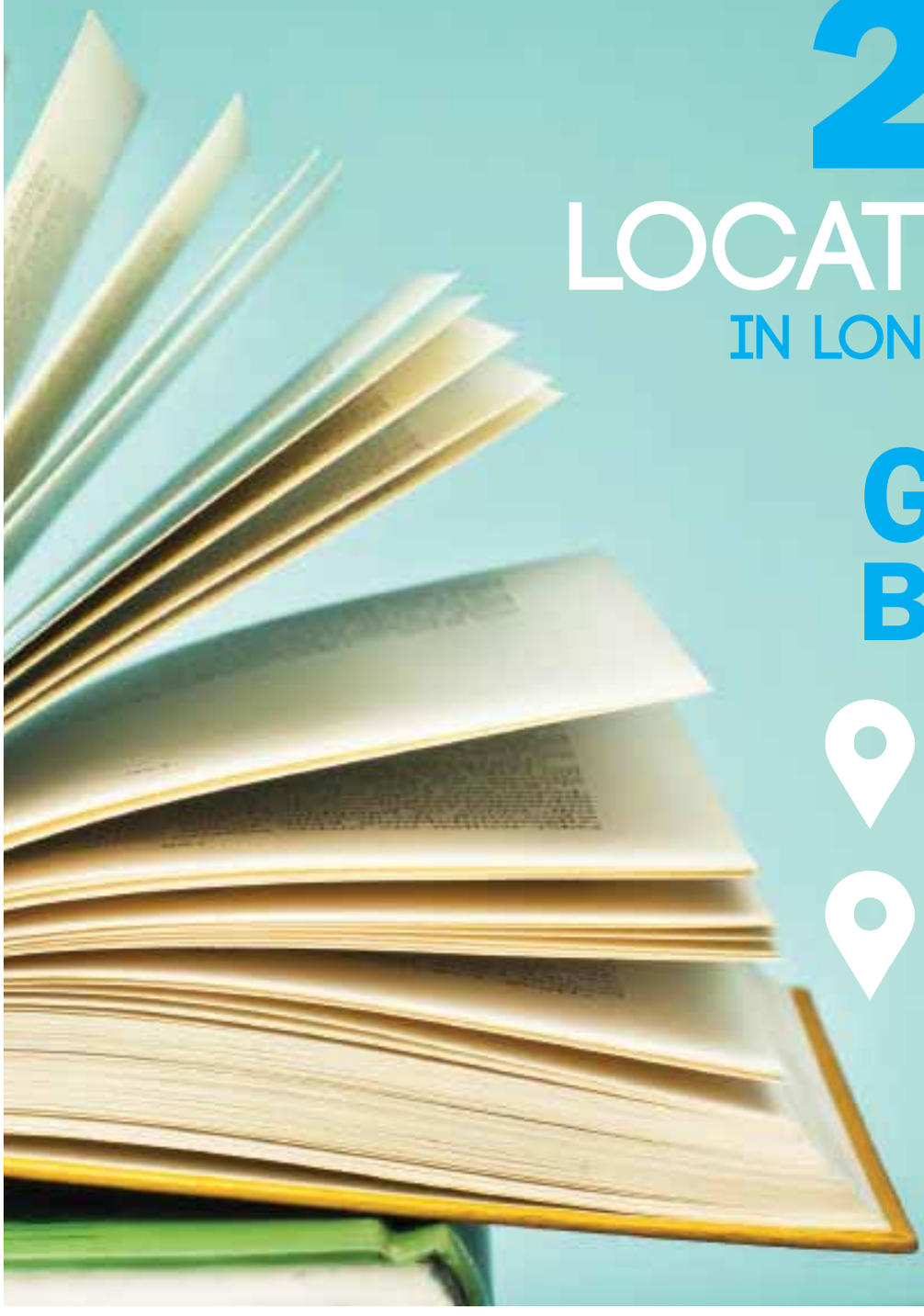
The meeting continued at Metro's press time. Visit metronews.ca for the final figures.

TONED AND TATTOOED

The London Lightning is a basketball team blessed with talent, drive ... and tattoos. A few players bared it all (well, pretty much all) for Metro this week, sharing the stories behind their favourite pieces of ink. Coverage on pages 10-11. MIKE DONACHIE/METRO

one OF A KIND Bookstore

2 LOCATIONS IN LONDON



Goodwill Bookstore

1044 Adelaide St. North
519.433.BOOK (2665)
Mon-Fri: 9-8 Sat: 9-6 Sun 10-5

979 Wellington Rd (behind Moxies)
519.668.7509
Mon-Fri: 9-8 Sat: 9-6 Sun 10-5

community at work.

goodwill®

On the record

Mayor Fontana's spending

We don't yet know how councillors racked up their expenses, but we do know what the mayor did.

For two years, after a special decision by council, the office of Mayor Joe Fontana has been required to give details of his spending.

Apart from his personal expenses of $5,174, which are detailed as normal in the main report, his office's costs are listed.

It spent $32,799.95 for communications services from a consultant, and another $5,250 to the same consultant "for items such as State of the City Address, Virtual Town Hall and other events."

Also in there was the cost of hosting dignitaries, guests and events such as the Mayor's New Year's Levee. That cost totalled $3,864.56.

And there's another item: Gifts and souvenirs "for citizen requests, visitors and dignitaries," which included City of London pins.

Total cost in the category was $5,449.51.

MIKE DONACHIE/METRO

Mayor Joe Fontana METRO FILE

The overview: We now know what city council members cost taxpayers last year. MIKE DONACHIE/METRO

Councillors cost more than $900K

Payments published. Mayor and councillors' expenses, benefits and stipends made public

MIKE DONACHIE
mike.donachie@metronews.ca

Members of city council cost the taxpayer more than $900,000 in 2013, according to a report from city hall.

The exact total for the year, for Mayor Joe Fontana and the city's 14 councillors, is $909,061.31. Last year, when staff issued the same details for 2012, the figure was $885,805.12.

That's an increase of $23,256.19, or about 2.6 per cent.

There are a lot of numbers in the 2013 Statement of Remuneration and Expenses, but little detail about what the money was spent on. The numbers are broken down into totals for expenses, benefits and stipends, which is the word the city uses instead of saying it pays council members a salary.

Included in there are payments made to people acting as committee chairs, plus the cost of an assistant and expenses like travel.

The largest payment this year was to Fontana, whose $104,252.17 salary puts him far ahead. He also gained $29,189.69 in benefits and was covered for $5,174.76 in expenses.

City councillor's expenses can't be more than $15,000, after they were increased from $8,000 two years ago.

This year, Coun. Sandy White claimed the most expenses, topping the list at $14,841.57. As usual, Coun. Paul Van Meerbergen claimed the least. His total expenses were just $891.70.

Overall, the councillor who cost the city the most was Joni Baechler, whose total for stipend, expenses and benefits was $62,192.87. But that includes a $7,727.07 payment for her work as a committee member for the Federation of Canadian Municipalities.

The least costly councillor was Van Meerbergen, whose total was $45,242.63.

Quack, this council will be a lame duck. Guidance issued on decisions in the fall following election

They may be walking the corridors of power now, but come the fall they'll be flapping and waddling.

It's now official: Whatever happens at the election on Oct. 27, this council will be a "lame duck" until its term officially ends on Nov. 30.

Five councillors have said they won't run for council this year, meaning the rules of the Municipal Act kick in. That's because the next council is guaranteed to have a significantly different lineup. City clerk Cathy Saunders has issued advice on the subject to councillors.

For 34 days after the election, the lame duck council isn't allowed to make big decisions.

It can't appoint or remove staff, sell anything worth more than $50,000 or incur expenses of more than $50,000, except when it's an expense agreed to in the 2014 budget. The municipality can also take actions made necessary by an emergency.

Couns. Nancy Branscombe, Judy Bryant, Joni Baechler and Dale Henderson won't run again. Coun. Matt Brown is running for mayor.

MIKE DONACHIE/METRO

Gas plants. OPP weighing mischief charge in deleted Liberal emails probe

OPP Commissioner Chris Lewis says the unlawful deletion of government emails is a serious matter that could land someone in jail for up to 14 years.

Lewis told a legislative committee Thursday that the Ontario Provincial Police investigation is ongoing with respect to the deletion of emails detailing the Liberal government's decision to scrap two controversial gas power plants.

"I believe there could be a charge of (criminal) mischief to data by destroying data that someone else owns," Lewis said, noting that such a charge depending on the seriousness can carry a jail term of six months to 14 years.

Lewis told the committee he could not say when the anti-rackets squad's investigation will be completed or whether charges would be laid. He said he was reluctant to reveal too much detail for fear it "taints" the ongoing investigation.

"This is a rare case to be quite honest that I would testify anywhere during an ongoing criminal investigation," he said.

Lewis received a complaint last June from two Tory MPPs alleging that emails with respect to the matter were illegally deleted.

The OPP have conducted interviews with more than 20 people — mostly senior government and bureaucratic personnel — during the investigation so far, visited Premier Kathleen Wynne's office and executed a search warrant in Mississauga resulting in government hard drives being seized.

Former London West MPP Chris Bentley was the energy minister when the controversy started. He resigned in February 2013. TORSTAR NEWS SERVICE

Price tag

$1.1B

Estimated cost of scrapping gas plants in Mississauga and Oakville

OPP Commissioner Chris Lewis, right, is shown with former premier Dalton McGuinty in this file photo. McGuinty resigned in the wake of the gas plant scandal that prompted Lewis's email probe. THE CANADIAN PRESS

A $1-million investment from the province means new jobs at London's Brose Canada plant off Wilton Grove Road. ANGELA MULLINS/METRO

Province pumps $1M into London plant

Brose Canada. Investment adds new, secures existing jobs

MIKE DONACHIE
mike.donachie@metronews.ca

She said "It's a wonderful thing," and the London workers applauding her didn't argue.

Premier Kathleen Wynne was in the city Thursday to announce provincial spending that's created jobs in the city. The government has given $1 million to auto parts manufacturer Brose Canada, resulting in 20 new positions.

The money comes from the Southwestern Ontario Development Fund.

Wynne said the cash also protects 690 jobs at the company's plant just south of Highway 401, and was made conditional on "a deal" that it will ensure jobs are created and protected.

At a glance

Brose Canada makes seating systems for vehicles.

"I'm very pleased to announce that we are helping Brose Canada grow," Wynne said.

The money will let Brose invest in new equipment and compete in international markets, Wynne continued, and is an example of her government's work in "strategically partnering with business to create jobs."

Wynne also spoke of touring the London plant, asking senior management why they had come to this area.

The first answer, she said, was the exchange rate. But the second reason was the workforce.

Ontario offers a skilled, educated workforce and people with the ability to innovate, she said.

Heinz plant workers, Leamington get reprieve

A southwestern Ontario community expressed hope and relief Thursday as food giant Heinz announced a preliminary deal that would prevent the closure of a processing plant that has been a key part of the town's economy.

After stating last November that it would be closing its 105-year-old factory in Leamington, Ont., Heinz said it was now in talks with Highbury Canco Corp. to allow the new Canadian company to acquire its facility and act as a co-packer.

The two companies said they have signed a letter of intent, with neither side placing a dollar value on the tentative deal.

Heinz's planned closure of the plant — slated for late June — would have put close to 800 full-time employees out of work while also impacting about 500 seasonal workers.

Highbury Canco said it would employ about 250 people, plus additional seasonal workers if the deal goes through.

The company — made up of yet unnamed investors who came together to form a corporation for the deal — also said it had a growth plan that includes "subsequent investment" in the Leamington plant that would lead to more jobs in the future.

THE CANADIAN PRESS

MARCH BRICKBREAK

20% OFF*

LEGO® Movie, City, LEGO® Star Wars®, LEGO® Super Heroes™, LEGO® DUPLO® and other select LEGO® items

ONLY AT

Indigo | **Chapters** | **indigo.ca**

For more ideas, deals and events visit us in-store and online at Indigo.ca/Lego

/chaptersindigo

*Instore and Online: 20% off LEGO Movie & LEGO Super Heroes valid February 28 - March 16, 2014. Instore and Online: 20% off City, LEGO Star Wars, Duplo, Chima and Minifigures valid February 28 – March 31, 2014. IN-STORE ONLY: 20% off select LEGO Kids books valid February 28 - March 31, 2014. Offer excludes LEGO Friends, Mindstorms and any LEGO theme set not listed. Offers valid while quantities last. No rainchecks. Prices and selection may vary between stores and online. Visit your local store or go online to see LEGO set being featured. INDIGOKIDS, INDIGO, CHAPTERS, INDIGO.CA are trade marks of Indigo Books & Music Inc. LEGO and DUPLO are registered trade marks of LEGO Jurivs A/S. STARS WARS is a registered trade mark of Luscasfilm Entertainment Company Ltd. LLC

London 'very, very lucky' to have avoided death during snow squall

Havoc on the roads.
Habitually unsafe driving led to mass collisions, say police

ANGELA MULLINS
angela.mullins@metronews.ca

The result of a Thursday crash on eastbound Highway 401 between Highbury Avenue and Veterans Memorial Parkway involving two tractor-trailers. ANGELA MULLINS/METRO

Five hours. Somewhere between "60 and 80" crashes and calls for service.

That's the way OPP Const. Kevin Howe summed up the scene Thursday on London-area roads after a short-lived morning snow squall caused white-out conditions.

Portions of Highway 401 between London and Woodstock were closed along with several county roads.

One crash alone — on eastbound 401 near Veterans Memorial Parkway — ground traffic to a halt for hours, with hundreds of cars left idling to at least the Wellington overpass.

"We had lots of people transported to hospital," Howe said late Thursday afternoon as the remaining few accident scenes were being cleared.

"We're very, very lucky in our area to have not had anyone get killed or seriously injured."

Other areas weren't as lucky. Multiple people were killed in two crashes involving a combined 60 vehicles on Highway 402 near Mandaumin Road in Lambton County, said OPP Sgt. Dave Rektor.

The problem, police said, was much the same as it has been all winter: people driving too fast for weather conditions.

"I think the only cure for this is going to be spring," Rektor said.

Lows of -20 C

A frosty weather outlook

Snow squalls aren't in the Environment Canada forecast for London, but plenty of cold most certainly is.

Overnight lows are expected to hover around -20 C, without windchill factored in. Highs in the neighbourhood of -10 C are on the horizon through the middle of next week.

Outside of Friday, clouds and flurries will be the name of the game for the next several days.

However, the sun is expected to make a strong showing on Tuesday.

NEARLY NEW TO YOU
89 Wharncliffe rd. South by Robert Q | 519-601-8822 | rhonda_hay@hotmail.com
Gently used clothing for the whole family!
We carry a wide variety of brand name fashions for the whole family, baby, toddler, kids, mens and womens clothing including plus sizes.
We buy used clothing outright!
10% of sales goes to the Parkinson Society Canada / Société Parkinson Canada
*Donations Welcome
Mon-Thurs 10am-6pm
Friday 10am-8pm
Saturday 10am-6pm

Local researchers granted millions

Researchers at Western University and Lawson Health Research Institute have received nearly $14.2 million to work on a total of 20 projects.

The money comes from the Canadian Institutes of Health Research (CIHR), with the biggest grant going to Dr. Anthony Tang.

Tang will receive nearly $3.3 million over five years for a study that could lead to a new therapy for select patients with heart failure.

He is one of only six researchers across Canada to receive more than $1 million for his work.

Overall, CIHR received 2,527 applications for funding, doling out $240.1 million over six years. METRO

Other local recipients:

- **Daniel Ansari:** the numerate brain
- **Arthur Brown:** spine injury
- **Ian Cunningham:** reducing x-ray exposure in patients
- **Shun-Cheng Li:** legionnaires' disease
- **Grace Parraga:** asthma and imaging
- **Patricia Tucker:** physical activity in childcare

Participants needed for a Blood Pressure study!

Join a clinical research trial to evaluate the effectiveness of an investigational dietary supplement for mild and moderate hypertension.
Call now to see if you qualify!
Contact KGK Synergize Clinic:
519-858-8359
clinic@kgksynergize.com
www.kgkclinic.com
Participants are compensated up to $250.00
KGK synergize

Fanshawe College

Your Iron Chef chocolate champs

The winners in Fanshawe College's Iron Chef contest have been revealed.

The Wednesday event paired professional chefs with students to prepare menus using a secret ingredient: chocolate.

In first place was Kyle Nichol of Quality Hotels, working with cook apprentice Ashley Reed.

Second was Danijel Markovic of Kantina Café, with culinary-management student Ankita Vaidya. METRO

fido

We've got a nose for everyday low prices

$39 per month[1]

- **Unlimited** Messaging[2] (international text, picture and video messages)
- **Unlimited** weekends and evenings from 5 p.m., Canada-wide[3]
- 400 Canada-wide daytime minutes[3]
- 400 MB of data[4]
- Call Display and Voicemail[5]
- Includes the Fido ADVANTAGE

Sniff out the new Nokia Lumia 625

- Large 4.7" display
- Glove-friendly "super sensitive" screen technology
- Windows Phone 8

$0 with a 2-year Tab24 agreement on a Standard plan[6]

It's time to switch. Visit a store, call 1-866-301-3436 or go to fido.ca.

FIDO STORES

Downtown Chatham Centre, Chatham
Masonville Place, London
Westmount Mall, London
White Oaks Mall, London
Festival Marketplace, Stratford

FUTURE SHOP · MOBILE · Walmart · BEST BUY · WIRELESSWAVE · COSTCO WHOLESALE · WIRELESS etc... · Tbooth wireless · THE MOBILE SHOP Exclusively where President's Choice® products are sold.

Offers are subject to change without notice. Taxes extra. **1.** Standard plans available monthly or with a 2-year Tab24 agreement. Data is a monthly service with Standard plans. Additional long distance, roaming, data, add-ons, provincial 9-1-1 fees (if applicable) and taxes are extra & billed monthly. **2.** Plans include messages sent from Canada to Canadian, U.S. and international wireless numbers. Sent/received premium messages (alerts, messages related to content and promotions) and messages sent while roaming not included and charged at applicable rates. **3.** Airtime includes calls from Canada to Canadian numbers only, billed by the minute. Each additional minute costs 45¢ (20¢ for Call Forwarding). **4.** Additional data: $5/250 MB, charged in $5 increments. Visit **fido.ca/roaming** to learn more about data roaming pay-per-use rates. **5.** Service includes up to 3 messages, each 3 minutes in length that can be saved up to 3 days. **6.** With new activation on a 2-year Tab24 agreement on a Standard plan. Device Savings Recovery Fees and/or Service Deactivation Fee (as applicable) apply in accordance with your service agreement. Taxes extra. © 2014

Talk of terror attacks 'just being goofy'

Trial. Bomb talks turned to 'farce,' says accused in terror trial

LUCY SCHOLEY
Metro in Ottawa

A dinner conversation about swearing allegiance to al-Qaida and attacking CFB Trenton simply descended into a "farce," an Ottawa courtroom heard Thursday.

"Yes, at some points, it would cause you to raise your eyebrows," said Khurram Syed Sher, 31, a London pathologist who has pleaded not guilty to conspiring to acts of terrorism.

The dinner in question occurred July 20, 2010, at the Ottawa home of one of Sher's two alleged co-conspirators — who can't be named under a publication ban. The late-night talk between the three men was bugged by the RCMP. It started with food and moved on to bomb making and attacking CFB Trenton during a repatriation ceremony.

After questioning from Crown prosecutor Jason Wakely, Sher acknowledged parts of the conversation were "alarming," but said "at the end, it just descends into a farce."

It was Sher who floated the idea of a CFB Trenton attack, but he said he pitched "a hypothetical scenario" to see if there were any similar terror plans in play between his two dinner companions.

Sher then suggested wearing "Canada colours" and shaving his beard at the ceremony. One of his alleged co-conspirators told him he could "put on a big hat" as part of the disguise.

The other suggested they form a group and choose a leader by writing their initials on pieces of paper and using a handheld vacuum to suck up the winning piece. The new leader swore an allegiance, which Sher said was also part of the "farce."

"What's funny about that?" pressed Wakely. "You had to be there," said Sher. "It was a lot of bizarre comments. Just being goofy and silly." The trial was set to continue Friday.

Quoted

"Yes, at some points it would cause you to raise your eyebrows."

Khurram Syed Sher, on dinner conversation that included talk of attacking CFB Trenton

Chicago rocks the RBC Theatre with 46-year song archive

Formed in 1967, Chicago — the self-proclaimed rock band with a horns section — entertains fans in a near-sold-out show at the RBC Theatre in Budweiser Gardens, Thursday night. One of the longest-running bands in history, the group played selections from its 46-year archive. MARK SPOWART/FOR METRO

Green for Life. Veterans program wins award

The Veterans Memorial Parkway Community Program has earned a Green for Life award from the Canadian Nursery Landscape Association.

The association recognized the program for its efforts to enhance landscaping along the roadway, planting more than 800 trees.

Work started in 2011 is continuing with the goal of planting a total of 6,000 trees and installing 15 stone features commemorating veterans.

Leaders want the project completed by 2017 to mark the Battle of Vimy Ridge's 100th anniversary and Canada's 150th birthday. METRO

Shamrock Shuffle. Run to raise money for homeless

Feet will hit the pavement March 15 for the third annual Shamrock Shuffle in St. Thomas.

The family fun run/walk raises money for the Inn Out of the Cold homeless shelter.

Started by a group of runners, the event has raised $27,000 in the past two years.

The shelter has used that money to buy, among other things, beds for people with mobility issues, laptops and a washing machine and dryer.

Registration for the event is open at theshamrockshuffle.ca.

Sponsors are also needed. METRO

LONDON'S LEASE BREAKERS
LET OUR EXPERTS CRACK YOUR LEASE LIKE AN EGG, AND GET YOU INTO A NEW VEHICLE TODAY!
2014 CR-V LX
$134@1.99% APR
LEASE BI-WEEKLY FOR 60 MONTHSΩ WITH $879 DOWN PAYMENT/ OAC AND $0 SECURITY DEPOSIT. INCLUDES FREIGHT, PDI, LEVIES AND OMVIC FEE. EXCLUDES LICENSE AND HST. BI-WEEKLY LEASE ONLY AVAILABLE ON 48-MONTH TERMS OR GREATER.
THANK YOU CANADA EVENT
2013 FIT
$2500
CASH INCENTIVES ON ALL REMAINING 2013 FIT MODELS
ZERO DOWN ON ALL DEALS!
WESTGATE HONDA 519-472-4890 | 680 OXFORD ST W WEST OF WONDERLAND RD WestgateHonda.com
HONDA
ΩRepresentative bi-weekly lease example: 2014 CR-V LX 2WD on a 60-month term with 130 bi-weekly payments at 1.99% lease APR. Bi-weekly payment is $134.00 with $879 down or equivalent trade-in. Down payments, $0 security deposit and first bi-weekly payment due at lease inception. Total lease obligation is $18,299.02. 120,000 kilometre allowance charge of $0.12/km for excess kilometres, PPSA lien registration fee of $45.93 and lien registering agent's fee of $5.65, due at time of delivery are not included. ΘA $2,500 cash incentive is valid on any new 2013 Fit when registered and delivered between February 1st, 2014 and February 28th, 2014. Cash incentive is comprised of $500 Bonus Dollars deducted from the negotiated price after taxes (can be combined with advertised lease and finance rates); plus $2,000 customer cash incentive deducted from the negotiated price before taxes (available for all Honda retail customers except customers who lease or finance through HFS at a subvented rate of interest offered by Honda as part of a low rate interest program. All advertised lease and finance rates are special rates). For all offers: license, insurance, other taxes (including HST) and excess wear and tear are extra. Taxes payable on full amount of purchase price. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers, prices and features subject to change without notice.

WESTGATE HONDA

EVERY SOLD VEHICLE RECEIVES A BBQ*

THANK YOU LONDON FOR VOTING US THE BEST IMPORT CAR DEALERSHIP

- BEST DEALS!
- BEST FINANCE RATES!
- BEST LEASE RATES!

2014 FIT DX-A
$17,190*

2014 CIVIC LX
$19,740*

2014 ACCORD LX
$25,290*

2014 CR-V 2WD
$25,990*

2014 ODYSSEY LX
$29,990*

2014 PILOT LX
$34,990*

PRE-OWNED VEHICLES STARTING AT JUST $6,000

WE PAY $ TOP DOLLAR FOR YOUR TRADE! $

HUGE SELECTION!

• BEST PRE-OWNED VEHICLES • BEST MONEY FOR YOUR TRADE • BEST FINANCE & LEASE RATES • BEST SELECTION • BEST ACCESSORIES • BEST OPTIONS •

Spring into Westgate

Spring Performance Package

2007 - Older
Includes:
- Lube Oil Filter
- Multi-point Inspection
- Brake Inspection
- Pre Alignment Sweep
- Battery Test
- Aquapel Windshield Treatment

$99.99 +TAX

All Prices are MSRP, exclusive of any applicable fees, taxes, Freight, PDI, Licencing and dealer installed accessories or options. Vehicles and accessories are for illustration purposes only. Offers, prices and features subject to change without notice. Dealer order/trade may be necessary. Dealer may sell for less.
* One FREE per household, on delivery of the vehicle purchased. Based on retail program, excludes Honda Certified vehicles. Ends March 10 2014

519-472-4890

680 OXFORD ST W WEST OF WONDERLAND RD
WestgateHonda.com

HONDA

Tattoos tell a tale for Lightning players

NBL. Ink speaks to trio's origins and their life journeys

DAVE LANGFORD
dave.langford@metronews.ca

The first thing you notice when you attend a London Lightning basketball game is the pure talent level of the group of 12.

Outside of the NBA's Toronto Raptors, it is the next best basketball played in this country. Even the Canadian university keeners will admit that.

But right after that, you can see another common thread on the Lightning court: Tattoos and lots of them.

The players, almost to a man, are adorned with tats — here, there and ahem, everywhere.

"Honestly, I don't know," guard Stephen McDowell said when asked what his running count of tattoos may be. "Let's just say I know which body parts are covered, and I really only have space on the right side of my stomach.

"Other than that I pretty much have a tattoo everywhere."

Likewise, six-foot-10 forward Maurice Bolden was stuck for a number.

"I wouldn't know. I stopped counting a long time ago," Bolden said.

From left, Maurice Bolden, Tim Ellis and Stephen McDowell are three London Lightning players who love their ink.
MIKE DONACHIE/METRO

Only forward Tim Ellis could zoom in for the count — 10 to 12 — and for good reason.

"People have different expressions on why they do tattoos," Ellis said. "Some are meaningful, some are doing them because other people did them. Some just like the way they look.

"Mine? They have meaning to me, every last one of them. Or else I wouldn't get them."

Of the three Lightning players Metro talked to, McDowell may have found his love for ink the earliest.

"I just kind of started young. I was 13 when I got my first one," he said. "I just wanted to get something that was significant to me. I love basketball and I love family so my first tattoo was of a basketball with my mother's initials."

McDowell said all his tattoos are meaningful.

Quoted

"Let's just say I know which body parts are covered."

The London Lightning's Stephen McDowell when asked how many tattoos he has.

"I just kind of tell a story (with the tattoos). A lot are about my faith and a lot about my journey in life and a lot about my family, so all my tattoos have a meaning to me."

Bolden said his favourite tattoo, Southside Superstar, reflects both his basketball accomplishments and the community where he grew up. It was also one of his first.

"When I go home the guys show me love, they appreciate me working hard and making it out of the neighbourhood where we are from because it's a real tough place, and really means a lot to me," he said.

Bolden said the days of negative messages behind tattoos are pretty much over.

"People really don't put bad things on their bodies anymore," he said. "It's a lifestyle for more people now."

But one thing has not changed over the years.

"They definitely hurt," McDowell said. "It just depends where you get them. If you get them near a bone, if it vibrates on that bone, it definitely can be painful."

"I pretty well have run out of space" for more

Enjoy the world through a different and friendly smile
the Eid Dental Clinic smile

Eid dentalclinic
Dr. Sannaya Eid

We are proud of our relationship with our patients and our Londoner community. We thank them and hope to continue this professional relationship.
750 basline road east unite 207
519-667-0777

We are welcoming patients of all ages - no matter the challenge.

Public Auction

Storage-Mart #3003 665 Adelaide St. N, London, ON | Friday, March 21, 2014 @ 10:00 am
Units: 0708G T.Getty, 1425A K.Brennan

Storage-Mart #3001 328 Commissioners Rd. W, London, ON | Friday, March 21, 2014 @ 10:45 am
Units: 0118A T.Perkin, 0800H R.Winstanley, 1312A E.Cameron, 1327A J.Davila

Storage-Mart #3002 1020 Wonderland Rd. S, London, ON | Friday, March 21, 2014 @ 11:30 am
Units: 1319 W.Chen, 2305 R.George

Storage-Mart #3037 597 John St. N, Aylmer, ON | Friday, March 21, 2014 @ 1:00 pm
Units: 201 M.Gaudio, 703 M.Hamilton

According to the Lease by and between the customers listed above and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage units, the Manager has cut the lock on their Unit(s). Upon a coursory inspection the units were found to contain: household goods, furniture, appliances, sports equipment, boxes and totes, tools, and small appliances. Items will be sold or otherwise disposed of at this site on dates and at approximate times listed by the addresses above to satisfy owner lien in accordance with the provincial statutes. Terms of the sale are cash only. No checks will be accepted. All goods are sold in "as is"condition. Tax must be paid or resale numbers furnished. Buyers must provide own lock if needed. Seller reserves the right to overbid. All items or spaces may not be available on date of sale.

tattoos, says London Lightning guard Stephen McDowell. MIKE DONACHIE/METRO

Tat stats

Maurice Bolden

— Height: Six-foot-10
— Position: Forward
— College: Southern Mississippi
— His favourite tat: Southside Superstar

"They started calling me that because I only started playing basketball in my 12th-grade year and a lot of guys were surprised how quickly I was able to learn to play ball. So they started calling me Southside Superstar. I lived on the south side of Jackson, Miss."

Tat stats

Tim Ellis

— Height: Six-foot-four
— Position: Forward
— College: Kansas State
— His favourite tat: Family First

"You always put your family before everything. That's something I was raised on.... That was just one of the tattoos I always wanted to get and then I finally got it."

Tat stats

Stephen McDowell

— Height: Five-foot-11
— Position: Guard
— College: Chattanooga
— His favourite tat: Believe, Psalm 27:13

"And it says I would have lost heart if I wouldn't have believed in the goodness of the Lord and the Land of the Living. There would have been a lot of opportunities I would really have given up if I wouldn't have believed and had my faith in God."

THIS MONDAY ONLY!
"THE FIRST GREAT MUSICAL OF THE 21ST CENTURY!"
GREEN DAY'S american IDIOT
the groundbreaking BROADWAY musical
MARCH 3 · 7:30PM
RBC THEATRE AT BUDWEISER GARDENS
FOR TICKETS
CALL: 866-455-2849 ONLINE: BudweiserGardens.com
VISIT: BUDWEISER GARDENS BOX OFFICE
BROADWAY LONDON
Budweiser GARDENS
The London Free Press
DELTA

Quebec. Business owner fighting the language law in French Facebook fracas

A business owner is fighting Quebec's tough language laws after she was ordered to translate her company Facebook page into French.

Eva Cooper, owner of Delilah in the Parc, in Chelsea, Que., received a letter from Quebec's language cops claiming that she had violated section 52 of Bill 101 and that she must translate the page into French to comply with the law. Cooper said the reaches of Bill 101 have stretched too far and she's ready to fight.

"I am not going to take this lying down. It's about all of us," said Cooper from her Delilah in the Glebe location in Ottawa.

"This isn't pornography, this isn't hate mail, this isn't blackmail, I mean there is nothing bad about what we are doing," she said. "Isn't it a form of communication?"

Article 52 states that, "Catalogues, brochures, folders, commercial directories and any similar publications must be drawn up in French." There is no mention of Facebook or Twitter, but OQLF Spokesperson Jean-Pierre Le Blanc said they are considered similar material.

Cooper has until March 10 to respond to the letter, or she could face legal action.

TREVOR GREENWAY/METRO IN OTTAWA

Eva Cooper plans to fight Quebec's tough language laws after she was ordered to translate her company Facebook page into French.

TREVOR GREENWAY/METRO IN OTTAWA

Loretta Saunders. Two charged with murder in death of Halifax student

Halifax police charged a man and woman with first-degree murder Thursday in the death of Loretta Saunders, a university student whose body was found a day earlier on the side of a New Brunswick highway.

Police say Victoria Henneberry, 28, and Blake Leggette, 25, will face the charges in Halifax provincial court Friday.

Supt. Jim Perrin of Halifax Regional Police said police believe Saunders was killed in the city on the day she was last seen on Feb. 13.

"I can't get into the evidence because now the case is before the courts. For first-degree murder there has to be some planning to the crime and our investigators are satisfied that existed and that's why the appropriate charges were laid today," he said.

"What led the investigators to laying charges today is the totality of evidence from the time the case was reported to the last several days." THE CANADIAN PRESS

Google offers virtual tour of 'Polar Bear Capital of the World'

A polar bear investigates a vehicle recording imagery for Google Maps in Churchill, Man. Google Maps users can now trek virtually across the frozen Manitoba tundra and spy on the local residents, who weren't shy about posing for the cameras. Known as the "Polar Bear Capital of the World," Google visited Churchill with the assistance of the non-profit Polar Bears International to capture images of the majestic animals and their habitat for its Street View feature. GOOGLE/THE CANADIAN PRESS

Greyhound killer allowed to leave hospital unescorted

Vince Li. Board grants man who beheaded fellow passenger on Manitoba bus freedom to travel to nearby town without supervision

A man who beheaded a fellow passenger on a Greyhound bus in Manitoba will soon be allowed to leave a mental hospital without an escort.

Thursday's ruling by the Criminal Code Review Board means Vince Li will be on his own in public for the first time since he stabbed Tim McLean and then ate parts of his body six years ago.

The board granted Li all the new freedoms his psychiatric team had requested at a hearing earlier this week. Lead psychiatrist Dr. Steven Kremer said Li, a schizophrenic, has stopped experiencing delusions and is a non-violent patient.

Instead of the supervised outings Li had been granted previously, he will be allowed unescorted trips from the Selkirk Mental Health Centre into the nearby city of Selkirk. The visits, to begin next Thursday, are to start at 30 minutes and increase to full days.

As well, Li's supervision on outings to other communities — including Winnipeg — will be relaxed. He is to be part of a group without a staff member dedicated to monitoring him.

Li is also to be moved to an unlocked ward at the hospital from the secure wing where he has been kept.

For McLean's mother, the changes were an outrage.

"We're not surprised. We're very disappointed, embarrassed, ashamed," Carol DeDelley said.

"I ultimately do not believe that when you take a life, you have the right to freedom any longer."

THE CANADIAN PRESS

Not convinced

"He poses no threat in care. I propose they keep him in care so he's not a threat."

Carol DeDelley, mother of victim Tim McLean, who says there is no way to guarantee that Vince Li will continue to take his medication if he's unsupervised

Healthcare Career Training
303 Richmond St London Campus
Train as a:
Community Service Worker
Developmental Service Worker
Intra Oral Dental Assistant
Massage Therapist
Medical Laboratory Assistant/Technician
Medical Office Administrator
Personal Support Worker
Pharmacy Assistant
ENROLL NOW!
Financial Assistance for those who qualify
Medix College of Healthcare
A division of the Career College Group
FREE parking
medixcollege.ca

Human rights violation.
Report predicted unrest in Ukraine

A chemical weapons attack in Syria last summer that the U.S. says killed more than 1,400 people was the world's worst human rights violation of 2013, the Obama administration concluded Thursday.

The report by the State Department also foreshadowed the unrest in Ukraine that just toppled its government.

Iran, North Korea and Belarus were also singled out in the report.

THE ASSOCIATED PRESS

Quoted

"The tragedy that has befallen the Syrian people stands apart in its scope and human cost." Quote from the report

Rehearsal for invasion?

North Korea launches missiles in protest, say officials

North Korea fired four suspected short-range missiles into its eastern waters Thursday, South Korean defence officials said, in an apparent effort to protest ongoing U.S.-South Korean military exercises that Pyongyang calls a rehearsal for invasion.

The launches, however, weren't expected to raise tension as North Korea routinely tests short-range missiles and it has recently sought better ties with South Korea in what outside analysts say is an attempt to win badly-needed foreign investment and aid.

THE ASSOCIATED PRESS

Same-sex marriage.
Kentucky the latest win for gay rights advocates

A federal judge signed an order Thursday directing officials in Kentucky to immediately recognize same-sex marriages performed in other states and countries, capping a hectic 24 hours in the battle over gay rights that is raging across America.

The Kentucky decision was just the latest victory for gay rights advocates.

A federal judge on Wednesday declared a same-sex marriage ban in deeply conservative Texas unconstitutional, handing same-sex marriage proponents their biggest victory yet — pending an appeal that will likely go to the U.S. Supreme Court.

THE ASSOCIATED PRESS

Pro-Russia gunmen seize Ukraine's Crimea

Blow to the bank.
Tensions have caused the country's finances to plummet, prompting a potential emergency financial package

Pro-Russian activists carry Orthodox Icons at a checkpoint outside the Ukrainian Black Sea port of Sevastopol in Crimea, Ukraine, Thursday. ANDREW LUBIMOV/THE ASSOCIATED PRESS

Masked gunmen stormed parliament in Ukraine's strategic Crimea region Thursday as Russian fighter jets scrambled to patrol borders, while the newly formed government pledged to prevent a national breakup with strong backing from the West — the stirrings of a potentially dangerous confrontation reminiscent of Cold War brinksmanship.

Moscow granted shelter to Ukraine's fugitive president, Viktor Yanukovych, state media said. He was said to be holed up in a luxury government retreat and to have scheduled a news conference Friday near the Ukrainian border.

As gunmen wearing unmarked camouflage uniforms erected a sign reading "Crimea is Russia" in the provincial capital, Ukraine's interim prime minister declared the Black Sea territory "has been and will be a part of Ukraine."

The escalating conflict sent Ukraine's finances plummeting further, prompting Western leaders to prepare an emergency financial package.

Yanukovych, whose abandonment of closer ties to Europe in favour of a bailout loan from Russia set off three months of protests, finally fled by helicopter last week as his allies deserted him. The humiliating exit was a severe blow to Russian President Vladimir Putin, who had been celebrating his signature Olympics even as Ukraine's drama came to a head.

The Russian leader has long dreamed of pulling Ukraine — a country of 46 million people considered the cradle of Russian civilization — closer into Moscow's orbit. THE ASSOCIATED PRESS

President in hiding

- Yanukovych declared Thursday in a statement that he remains Ukraine's legitimate president. He was reportedly to hold a news conference Friday in the southern Russian city of Rostov-on-Don, not far from the Ukrainian border.
- Yanukovych fled after riot police attacked protesters in Kyiv's central square in clashes that killed more than 80 people, and European and Russian officials intervened. He has not been seen publicly since Saturday, when he insisted he remained the legitimately elected president — a position backed by Russia.

WESTERVELT COLLEGE Since 1885

Prepare to become a Police Officer.
Be part of tradition - train with Ontario's premier training program.

There's only 12 months between you & your dream career.

Classes start May 26! Call **519.668.2000** or **www.westerveltcollege.com** to get more information.

Tiny girl adopted

Story of survival

She was so tiny in her crib that her soon-to-be-mom thought she was about 18 months old. Actually, she was four, but neglect and malnourishment had taken their toll. "What about this little girl?" Sonya Paterson recalls asking in one of a string of dark rooms in dark orphanages she visited throughout Romania. She was helping hundreds of couples adopt kids. "The orphanage director looked me right in the eyes and said, 'Sonya, that girl's not for you. She's irrecuperable and you should get yourself a baby.'" Sonya didn't take his advice, adopting Carmen in 1990. THE CANADIAN PRESS

Gallbladder Study for Females!!!

We are conducting a clinical study for an investigational natrual health product on gallbladder function in women.

Do you experience stomach discomfort after eating fatty or greasy foods?

Does the discomfort happen 30-120 min after every meal?

If you are a female age 40-75yrs and you answered yes to any of the above, you may qualify for our gallbladder study.

Contact KGK Synergize Clinic:
519-858-8359
clinic@kgksynergize.com
www.kgkclinic.com

Call now to see if you qualify.
Compensation up to $225.00

KGK synergize

Romania's lost orphans

Ceausescu-era abuse. Since Romanian orphans came to Canada, Simon Fraser U has been studying their development

Romanian orphans play without toys at a Bucharest orphanage in 1991. SIUMUI CHAN/THE CANADIAN PRESS

When the Iron Curtain was torn down almost 25 years ago, the images shocked the world: tens of thousands of Romanian children warehoused in cold, grey institutions, sometimes stacked six to a bed.

Malnourished and ailing, children rocked themselves in silence on thin, threadbare mattresses. Most didn't talk or cry. There was no point. No one was listening.

Bottles were often tied to cribs for babies to feed themselves.

"Nobody held it for them, or fed them or held the child. If the baby could cope with it, good; if not, they got sick and died," says Lucy LeMare, an associate professor at Simon Fraser University, near Vancouver.

Under Romanian dictator Nicolae Ceausescu, the number of state orphanages had swelled to more than 600 grossly underfunded institutions.

After he was executed by his own people on Christmas Day in 1989, childless western families flooded the country to adopt.

Canadian families took in more than 1,400 children from Romania in 1990 and 1991, roughly half of them from orphanages.

The circumstances presented a tragic and unprecedented opportunity to assess the long-term impact of deprivation in early childhood, and Simon Fraser researchers have spent the past two decades studying the adoptees' development.

They surveyed them as toddlers, then twice as school-aged children and again around 17.

They're now beginning a new survey with the hope that, as adults, the former Romanian orphans may be able to shed light on what helped and what hampered their ability to cope with their early trauma. THE CANADIAN PRESS

IT'S MORE THAN A GAME. IT'S OUR HOCKEY HERITAGE.
HERITAGE Classic
Tim Hortons
HOCKEY NIGHT Canada
SUNDAY AT 3 PM
OTTAWA AT VANCOUVER
LIVE FROM BC PLACE
cbcsports.ca/nhlheritageclassic
facebook.com/HockeyNightInCanada follow us on twitter @hockeynight #hockeynight
CBC
NHL and NHL team marks are the property of the NHL and its teams. © NHL 2014. All Rights Reserved.

U.K. spied on webcams: NSA leaks

Report. Yahoo calls news British spy agency stole screenshots of intimate videos 'a whole new level of violation of users privacy' if true

Britain's signals intelligence division is stealing screenshots from hundreds of thousands of innocent Yahoo users' webcam videos, according to the Guardian newspaper, which also reported that the years-long operation has swept up a huge haul of intimate photographs.

The newspaper said GCHQ has been scooping up the sensitive images by intercepting video chats such as the kind offered by Yahoo Messenger, an effort code-named OPTIC NERVE. It's not clear how many Yahoo users were spied on in this way. The Guardian said that in one six-month period in 2008, GCHQ intercepted the video communications of 1.8 million users, but it's possible that the program, which the Guardian says was still active in 2012, has either grown or shrunk in scope since then.

The Guardian said the documents were provided by former U.S. intelligence worker Edward Snowden, who remains in Russia after having sought temporary asylum there.

THE ASSOCIATED PRESS

OPTIC NERVE hits a nerve

1.8M

The video communications of about 1.8 million users had been hacked by the GCHQ in a six-month period in 2008, according to the report by the Guardian.

Cold War redux on the horizon?

An American classic car drives past the Russian warship the Viktor Leonov CCB-175, docked in Havana, Cuba, Thursday. The warship, one of Russia's Vishnya-class ships which are generally used for intelligence gathering, was docked in the harbour on Thursday, a day after the country's defence minister announced plans to expand Russia's worldwide military presence. THE CANADIAN PRESS

Wireless spectrum sale blocked

Industry Minister James Moore has turned down the sale of 83 wireless spectrum licences by NextWave to a joint venture between Rogers Communications and Bell Canada.

The joint venture, Inukshuk Wireless, was formed to build and manage a Canada-wide wireless broadband network.

Moore said the proposed licence transfer would have led to unacceptable levels of concentration of spectrum in the hands of incumbent carriers.

"We will not approve any spectrum transfer request that results in excessive spectrum concentration for Canada's largest wireless companies, which negatively affects competition in the telecommunications sector," Moore said in a statement.

"We'll adjust and foresee no impact on Bell's overall LTE expansion program," Bell spokesman Jacqueline Michelis said in an email.

Rogers said the decision doesn't affect its plans to roll out 4G LTE to more customers in areas across the country.

THE CANADIAN PRESS

Antipsychotics

Drug firms fight $1.2B award

A lawyer for Johnson & Johnson and a subsidiary told the Arkansas Supreme Court Thursday that the state improperly relied on federal regulations in a lawsuit that resulted in a $1.2 billion award over the companies' marketing of an antipsychotics drug, Risperdal.

THE ASSOCIATED PRESS

Market Minute

DOLLAR
89.80¢ (-0.06¢)

TSX
14,214.74 (+26.16)

OIL
$102.40 US (-$0.19)

GOLD
$1,331.80 US (+$3.80)

Natural gas: $4.48 US (-$0.04)
Dow Jones: 16,272.65 (+74.24)

Who knew thrilling could
BE SO SAFE?

VOLVO

INTRODUCING THE ALL-NEW
2015 VOLVO V60 SPORTSWAGON.

Whether it's cross-town or cross-country, this vehicle has taken the concept of wagon completely out of the box. With an aerodynamic profile, a powertrain built to take you in a different direction and Volvo's award-winning safety features that hug the road as well as the people inside, the new V60 turns the everyday into a getaway.

TEST DRIVE ONE TODAY

VOLVO OF LONDON
1035 Wharncliffe Rd., London 519.690.1600 www.volvooflondon.ca
©2014 Volvo Cars of Canada Corp. Always remember to wear your seat belt. Visit volvocars.ca

THE WAGON.
UNBOXED.

RAM HD — STARTING AT $39,824

TAKE A RIDE ON A FUEL-EFFICIENT RAM

The gap is so tight between the Big Three trucks — and tensions so high — that anything new and different has to be seen as a significant marketing edge.

The redesigned-for-2013 Ram 1500 was the first to offer an eight-speed automatic transmission (with a fancy dash dial for shifting) and also touted best-in-class fuel economy. For 2014, Ram has stolen a bit of GM's Silverado/Sierra thunder by offering yet another category first — a diesel engine option.

Fuel economy has always been an issue with trucks and that was partially addressed when Chrysler's ever-popular 3.6-litre V6 found its way into the engine bay. With 305 horsepower and 11.4 l/100 km in the city and 7.8 on the highway, it was and is a sweet combination.

Its eight-speed automatic transmission also helped and can now be attached to the 395-horsepower 5.7-litre "Hemi" V8. The engine can shut down four of its eight cylinders when not needed, such as at under light-load conditions or when heading downhill.

BASE PRICES INCLUDING DESTINATION

CONTACT LONDON CITY CHRYSLER FOR THE MOST CURRENT PRICES. THE 2014 RAM 1500 QUAD CAB 4X4 STARTS AS LOW AS $26,795.

The newly optional 3.0-litre "EcoDiesel" turbo-diesel makes 240 horsepower and 420 pound-feet of torque; with the eight-speed automatic, it can tow up to 7,200 pounds, which is the same as the gas V6.

Rams get further fuel-reduction assistance in the form of stop-start technology that turns off the engine at rest, then instantly fires it up again once the brake pedal is released. Electric power steering cuts parasitic power losses. Optional is an air suspension with load levelling and five height settings, one of which lowers the body at highway speeds by 1.5 centimetres to cut the wind a bit better.

RAM 1500 — STARTING AT $26,795

Finally, a "thermal management system" is designed to quickly get the Ram's crankcase oil and other fluids up to operational temperatures, which assists in conserving gas.

As for body styles, regular cab models are available with a six-foot, four-inch box, or an eight-footer, while four-door Quad Cabs are attached to the shorter box only. The Ram Crew gets you a five-foot, seven-inch bed, or the six-foot, four-inch option. There are also available locking storage compartments built into the rear fenders that can each hold up to 120 beer/Coke/Pepsi cans that can be specified with centrally controlled power locks.

When it comes to four-wheel-drive, buyers can choose between a part-time system and an on-demand setup that automatically engages when road conditions warrant.

Other neat touches for 2014 include a capless fuel-filler system that will parallel park the "Beast" into incredibly tight spots.

By contrast, the Ram HD might not be able to get into incredibly tight spots, but it can sure get you out of a jam with up to 850 pound-feet of diesel torque. A new addition for 2014 is the optional 6.4-litre gasoline V8. Better known as the 392 Hemi, it's previously an SRT exclusive in the car line. Here, it's optional in both the 2500 and 3500, delivering 410 horses and 429 pound-feet of torque. Surprisingly, that's only slightly more than the 383-horsepower 5.7-litre V8 with its 400-pound feet of torque.

– Wheelbase Media

London City Chrysler

We've moved to a new location!

1345 DRIVER LANE • 519-659-2489

2014 Ram 1500 SXT 4X4

Starting as low as
$26,795 plus hst

Payment of
$159 b/w
plus HST @4.29%

With the same smiling faces and great service we look forward to seeing you at our new Dealership!

London City Chrysler

CHRYSLER · DODGE · RAM · Jeep

www.londoncitychrysler.com | 1-800-668-2489
1345 Driver Lane | London ON N5V 0B4

Advertised price applies to 2014 Ram 1500 Quad Cab 4x4 SXT. $26,795 is plus HST and licensing. Payment based on 96 month finance term, at 4.29% interest rate oac. Cost of borrowing on loan is $203.21 PER $1000 borrowed. Vehicle shown is 2014 Ram 1500 SLT Big Horn Package.

HASHTAG HOPES FOR SPRING

THE METRO LIST

Neil Morton
metronews.ca

1 **Piers Morgan.** Social media went nuts this week when it was announced CNN was ending Piers Morgan's show next month due to poor ratings. The majority seemed fully in support of the decision to axe the show. I for one find his interview style refreshing and transparent, and his ranting on gun control laws — while tiring to some — bang on. I say move Anderson Cooper into the 9 p.m. slot now.

2 **#PinkShirtDay #StopBullying.** People standing up to bullies — while wearing pink — was trending across Canada this week in a beautiful show of solidarity against bullying on Pink Shirt Day on Wednesday. Whether it's in the schoolyard, home, workplace or online, we all know someone who has been bullied. The more awareness (and action) on this social issue, the better.

3 **Harold Ramis.** The world of comedy lost a gem — his writing classics included Animal House and Groundhog Day — when he passed away at the age of 69, and online tributes flowed in. It's his co-starring role in the Ghostbuster movies he'll likely be most remembered for. Indeed, a Twitter picture showing a tribute to him outside the Ghostbusters firehouse in Tribeca (Twinkie included!) was shared all over the interwebs.

4 **AC/DC symphony.** It's perhaps the best mashup of classical music meets classic rock ever: Croatian string duo 2Cellos did an amazing cover of AC/DC's Thunderstruck, performed in full period setting. It has four million views on YouTube. I want more. I want the 2Cellos to do Stairway to Heaven, Bohemian Rhapsody, Sweet Child O'Mine and Smells Like Teen Spirit. Shake me all night long with that.

5 **#WeAreSpring, please.** #WeAreWinter was a fantastic, empowering promo for the Canadian Olympic team during the Winter Olympics but that's over (and we did amazing!), yet the frigid temperatures still remain. I can speak for everyone when I say we are kinda getting sick of shovelling. So I propose it's time to bring out a #WeAreSpring campaign where we encourage Mother Nature to show us some heat! Bring it with that hashtag.

6 **Coldplay.** With no context, Coldplay released an eerie, frosty, dark new video titled Midnight this week that felt more like a Radiohead song. But dropping stuff with zero context is the new I'm-going-to-build-so-much-hype-behind-this-product-before-it's-released-you-won't-believe-it! So it makes total sense, actually.

7 **Anchorman 2.** On Feb. 28, Anchorman 2: The Legend Continues is being re-released in theatres for one week only with 763 new jokes. A movie that had so much improvisation had plenty to choose from and these new ones have risen from the cutting room floor. So now, watch out on social media as movie-goers tweet out their fave new Ron Burgundy lines.

8 **Oscars.** With the 86th Academy Awards Sunday night, the biggest social media action will be on what returning host Ellen has to say in her opening monologue, and what the stars are wearing on the red carpet. The actual awards are secondary — though if Barkhad Abdi from Captain Phillips doesn't win best actor in a supporting role, I'll be kicking up a Twitter storm.

Follow The Metro List on Twitter @TheMetroList

ZOOM

Batman stars in new toy story

COURTESY FREYA JOBBINS

Dark Knight's head made of recyclables

It looks like Batman has gone all soft – he's made out of toys. Sculptor Freya Jobbins created this bust of the Caped Crusader using old figurines, with a baby doll belly as his chin. "My work explores the relationship between consumerist fetishism and the emerging recycling culture within the visual arts," says Jobbins. METRO

Artist's viewpoint

"I begin my work by finding toys in second-hand shops and recycling centres. As I build a base layer of toys and doll parts, the persona of the bust starts to evolve." Freya Jobbins

So many items

- "I love the actual process of hunting for the discarded toys, but to find so many of them unwanted, still in perfectly good condition, really shocks me," Jobbins said.

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

TORY WALKER/FLICKR

Seth Rogen and his partner-in-crime Evan Goldberg's next announced project is a movie version of Console Wars, an upcoming book about the knock-down, drag-out brawl between Sega and Nintendo of the '90s. But there's no need to wait for either to refresh your memories of a pixelated rivalry.

Nesbox:

Brush up on the Nintendo side of the war by browsing through a playable library of NES and SNES games that is hundreds deep. Classic RPGs, beat-em-up brawlers and patience-grinding platformers. Not to mention the mighty and beloved Earthbound. (nesbox.com)

Ssega:

Look, fan boys. It's quite easy to love the offerings of both companies. There's no need for rival camps. However, as you're working your way through proven classics like Aladdin, Beyond Oasis and Sonic Spinball (that's right, Spinball), you'll find we can all agree that most of the music was terrible. (ssega.com)

The Console Wars:

If the games themselves cause your eyes to glaze over, there's still a magnificent yarn full of insider intrigue, corporate betrayal and tumbles from the throne. The full book is a few weeks away from release, but Exposé has a pretty great primer that may pique your interest. (xmedia.ex.ac.uk)

Twitter

@metropicks asked: The Oscars are this Sunday! If you created an Oscars category that you would win, what would it be called?

@Frank_Mag: Category; "Best Actor/Actress who only has one line in a movie award" best delivery of said line wins obviously.

@MomAndDadFight: and the oscar for best new oscar category goes to Ben Whitaker for his work on best new oscar category

@GeorginaBencsik: Best #style

@VickiEssex: Best Monologue Delivered with a Mouth Full of Food. #oscarcategories

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:
Send us your comments: londonletters@metronews.ca

metro
President: Bill McDonald • **Vice-President & Group Publisher, Metro Eastern Canada** Greg Lutes • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor** Angela Mullins • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Retail Sales Manager** Joshua Green • **Distribution Manager** Rob Delvallet • **Vice-President, Sales and Business Development** Tracy Day • **Vice-President, Creative and Marketing Services** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO LONDON** • 350 Talbot Street Main Floor London ON N6A 2R6 • **Telephone:** 519-434-3556 • **Fax:** 888-474-3094 • **Advertising:** 519-434-3556 Ext. 2223 • adinfolondon@metronews.ca • **Distribution:** london_distribution@metronews.ca • **News tips:** london@metronews.ca • **Letters to the Editor:** londonletters@metronews.ca

Synopsis

Liam Neeson joins the mile-high club in Non-Stop. He plays Bill Marks, an aging U.S. federal air marshal safe-guarding the 150 passengers, including Julianne Moore, Corey Stoll, Linus Roache and flight attendant Lupita Nyong'o, on an international flight from New York to London. He's also a burn-out, a lonely guy with a loaded gun and a propensity to get loaded on booze. The routine flight becomes fraught with danger when he receives text messages from a mysterious source threatening to kill a passenger every 20 minutes unless a ransom of $150 million is deposited into a bank account. When that account is discovered to be in Marks's name, he's accused of being a hijacker.

- Richard: ●●○○○
- Mark: ●●○○○

Liam Neeson takes his tough guy act in the air in Non-Stop. CONTRIBUTED

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Just plane outrageous

Non-Stop. Liam Neeson's acting is the only thing that saves this from a crash landing

Richard: Mark, Non-Stop has more red herrings than a fish and chips shop. Clues are dropped and discarded and the plot is so ludicrous that every now and again someone has to say, "I can explain this," so the audience has a fighting chance of making some kind of sense of the intrigue. The story is simple but is muddied by outrageous twists. Once I decided to not try and play along — this isn't True Detective where every word and scene counts — I enjoyed watching Neeson in action man mode. He's better than the movie and he made this movie better simply by showing up.

Mark: Richard, I liked the movie in spite of itself. I did play along right to the end, and enjoyed the ride. But it's this Agatha Christie-like cheesiness that keeps threatening to sink the picture. And the answer to the movie's riddle was far from satisfying. It felt tacked on and graceless. Neeson is great, but he's getting so old for this sort of thing. Soon he's going to have to chase after the bad guys with a walker.

RC: You wouldn't say that if he was after you! Walker or no walker, the old boy has some life in him yet. There is a certain cheesy joy to be found in the image of Neeson floating in zero gravity, grabbing a gun out of the air and getting business done. He has carved a unique action niche for himself and seems to be having fun growling and gunning his way through trashy action movies.

MB: And what about Julianne Moore? What's her excuse? Mortgage payments? She was actually the one passenger I didn't believe in for a moment. I kept thinking, "Why is Julianne Moore in this picture?' And like everyone else, she gets to do an emotional speech that proves she couldn't be the villain. Which, of course, may or may not be the case. I know you liked Neeson's zero gravity gun grab, but I also liked his fist fight in the airplane lavatory. Shot in such close quarters, it was very exciting.

RC: I hope Moore buys something nice with the pay cheque. She gets the job done, but that part could have been played by anyone. I feel bad for Lupita Nyong'o. She's an Oscar nominee for 12 Years a Slave, but here she's reduced to a Grace Jones impersonator with just a few lines.

MB: Weirdly, I did not feel very emotionally involved with the movie. Maybe because so much of the plot depends on texting, or maybe because the characters keep yammering on, Non-Stop, about their backstory.

news at your fingertips

Download the Metro app today

Google Play is a trademark of Google Inc.

metro

WIN A VIP TRIP FOR 2 TO

THE ULTIMATE FIGHTER NATIONS CANADA VS AUSTRALIA FINALE

IN QUEBEC CITY!

PRIZE INCLUDES: VIP TICKETS TO THE EVENT, A BEHIND-THE-SCENES TOUR, FIGHTER MEET-AND-GREETS, PHOTO OPS, AND SIGNED JERSEYS FROM EACH TEAM!

Visit www.warnerbroscanada.com for details!

SEIZE YOUR GLORY
FROM PRODUCER ZACK SNYDER, DIRECTOR OF 300 AND MAN OF STEEL
300 RISE OF AN EMPIRE
WARNER BROS. PICTURES AND LEGENDARY PICTURES PRESENT
LEGENDARY
SEE IT IN 2D, REAL D 3D & IMAX 3D
IN THEATRES MARCH 7

VISIT clubmetro.com TO ENTER

YOU COULD ALSO WIN TICKETS TO SEE THE MOVIE!

No purchase necessary. Contest open to residents of Canada excluding Quebec, who have reached the age of majority (18) or older. Odds of winner depends on the number of eligible entries received. There are ten (10) secondary prizes to be won in each market, consisting of a pass for two to see "300 RISE OF AN EMPIRE". Skill testing question required. Contest closes March 3, 2014 at 11:59pm. Terms & conditions apply. For full contest details and conditions, visit clubmetro.com. ©2014 Ultimate Fighting Promotions, LLC. All Rights Reserved.

The man behind The Lion King looks at the dog life

Mr. Peabody & Sherman hits theatres next Friday. CONTRIBUTED

Mr. Peabody & Sherman. Rob Minkoff brings back a beagle he loved as a child and makes a smart, funny film in the process

Quoted

"I didn't want to copy (the TV show) exactly because I couldn't possibly do that. So it was taking the spirit of it and letting that be. Trying to get to the core of what it is rather than the surface."

Director Rob Minkoff on making a film based on Peabody's Improbable History

RICHARD CROUSE
scene@metronews.ca

Rob Minkoff may always be best known as the co-director of The Lion King, one of the biggest animated hits of all time, but long before he brought Simba, Mufasa and Scar to life, he was a fan of a dog named Mr. Peabody.

Mr. Peabody is a beagle in the world of humans — imagine Family Guy's Brian with less attitude but more PhDs. He's a Harvard grad, a Nobel Prize winner, advisor to heads of state and in his spare time he invented planking and auto tune.

With his adopted human son Sherman, he's also a time traveller, taking the WABAC machine — "It's not WHERE we're going, but WHEN!" — to various spots in history in a weekly segment on the show Rocky and His Friends called Peabody's Improbable History.

"Whenever it came on, I would watch it," says Minkoff, director of the new animated film Mr. Peabody & Sherman, "so I've seen all the episodes multiple times.

"I was always a fan but I don't recall thinking, 'Oh, that would make a great movie one day.' It didn't occur to me that way. It all started 12 years ago with a conversation I had with (executive producer) Jason Clark. He came to me and said, 'What do you think of Mr. Peabody and Sherman?' My answer was, 'I love them.' He said, 'What about making a movie out of them.' I thought, 'They're great characters. There's a lot to them. There is an unexplored well of stuff, like the time machine and time travel.'"

That was 12 years ago. "Once you get your teeth into something creatively," he says, "you never really let go."

Over the years the idea for the film has shifted and changed. At the very early stages it was suggested that the movie could work as a live action story.

"It didn't take very long for me to come around to the idea that I would prefer to do this as an animated movie because I didn't understand how it would work as a live action thing. It would lose some of its appeal, some of the quirkiness of it."

The film retains the eccentricity of the original series: It's probably the only kid's movie with an Oedipal joke. But Minkoff hopes the movie will appeal to all ages.

"The original show was always popular among college educated, smarter people, and that was something we thought was important but at the same time, we wanted to) make it kid friendly.

"I didn't want to copy (the TV show) exactly because I couldn't possibly do that. So it was taking the spirit of it and letting that be. Trying to get to the core of what it is rather than the surface."

Ratings and synopses courtesy of Rotten Tomatoes. For more movie reviews, trailers and news go to RottenTomatoes.com. **Ratings:** *Certified Fresh:* *Fresh:* *Rotten:* *Audience response:* *Audience anticipation for the film:*

Drama

Stalingrad

Director. Fedor Bondarchuk

Stars. Thomas Kretschmann, Yanina Studilina

Stalingrad is an epic look at the battle that turned the tide of the Second World War. A band of determined Russian soldiers fight to hold a strategic building in their devastated city against a ruthless German army, and in the process become deeply connected to two Russian women who have been living there. Presented in IMAX 3D, the scale of the battle contrasts dramatically with the human drama.

Rotten Tomatoes™ score
Critics: 46% **Audience:** 95%

Animation

The Wind Rises

Director. Hayao Miyazaki

Stars. Joseph Gordon-Levitt

Jirou dreams of flying airplanes, but because he's nearsighted he's unable to become a pilot. Instead he becomes an engineer in the aircraft division of a major Japanese company, where his genius is soon recognized. Historic events and the happenings in his life are inextricably linked.

Rotten Tomatoes™ score
Critics: 83% **Audience:** 92%

Brent Butt finds the funny in a murder mystery

No Clue. Corner Gas creator had the jitters anticipating how audiences would receive his new film

RICHARD CROUSE
scene@metronews.ca

No Clue opens next Friday. CONTRIBUTED

"The Whistler Film Festival was the first opportunity I got to sit in a room with strangers and have them watch the movie and I was very nervous going into it," says comedian Brent Butt about his new film No Clue.

In the film he stars as Leo, a mild-mannered Vancouver tchotchke salesman lured into a murder mystery by a femme fatale played by Amy Smart.

"It's a very dark, classic kind of detective mystery but the main characters say funny things," says Butt.

"We really felt, totally objectively, that we made the movie we wanted to make but that part of my brain that is the stand up comic said, 'What you think doesn't really matter. The audience will let you know,' and the audience is everything to me.

"Long before Corner Gas came around I was just a greasy nightclub comic, out there getting it done. When you are doing that you always have the ability to shift gears. You think, 'They're not buying the sports stuff so I'll talk about politics,' but with this movie if they're not liking it five minutes in you can't say, 'Everybody go get a drink. I'm going to re-edit this.' You are locked in."

Audience reaction was "better than we ever could have imagined" for a movie he calls a "tricky balancing act."

"I wanted to make a movie that if it wasn't funny would still be entertaining. It would still be thrilling and a mystery and have all those good, juicy elements, and then the funny kind of folds in, like gravy: It's on top of everything else.

"From the writing stand point there were a lot of funny jokes I neglected to put in the movie because I felt this is funny, but it is ultimately going to damage the reality.

"For this movie to work it has to feel real. One of the things we did early on was tell everybody to forget that this is a comedy. Pretend you are making a dark murder mystery. That's what this is. The comedy will come in elsewhere."

Land a new leading role.

Along with the best supporting cast in the business to help you get noticed, we also offer the best advice and tools to ensure you steal the spotlight. It's what makes Workopolis Canada's number one job site.

workopolis.com #workopolis

WORKOPOLIS

"Number one job site" based on six-month average online job postings for period ending January 31, 2014. Comparison between Workopolis and all other major paid online job boards. Does not include online classified sites or job posting aggregator sites. Statistics provided by WANTED Technologies. © 2014 Workopolis.

THESE PAGES COVER MOVIE START TIMES FROM FRI., FEB. 28 TO THURS., MAR. 6. TIMES ARE SUBJECT TO CHANGE.

Hyland Cinema
240 Wharncliffe Road South

August: Osage County (14A) Fri 1-8:15 Sat 12:30-7 Sun 2:50-9:15 Mon 12:30-7 Tue 2:25-7:10 Wed 12:30-9:20 Thu 2:50-7
Her (14A) Sat 9:15 Sun 7 Mon 9:15 Tue 9:30 Wed 7 Thu 12:30
Philomena (PG) Fri 3:30 Sat 2:45 Sun 5:05 Mon 2:45 Tue 12:30 Wed 2:45 Thu 5:05
Pulp Fiction (STC) Fri 11
Saving Mr. Banks (PG) Fri 5:45 Sat 4:40 Sun 12:30 Mon 4:40 Tue 4:50 Wed 4:40 Thu 9:15

Rainbow Cinemas London

355 Wellington St.

12 Years a Slave (14A) Fri-Thu 12:45-6:50
300: Rise of an Empire (18A) Thu 9:30
American Hustle (14A) Fri-Thu 3:35-9:35
The LEGO Movie (G) Fri-Thu 1-3:30-7-9:20
The Monuments Men (PG) Fri-Thu 1:10-3:45-7:05-9:40
Non-Stop (PG) Fri-Thu 1:05-3:25-7:20-9:45
Pompeii (PG) Fri-Thu 1:20-3:40-7:15-9:30
RoboCop (PG) Fri-Wed 1:15-3:45-7:10-9:45 Thu 1:15-3:45-7:10
Son of God (PG) No Passes Fri-Thu 12:50-3:50-6:55-9:40

Western Film
Room 340, UCC Building, Argo (14A) Fri-Thu 9:50

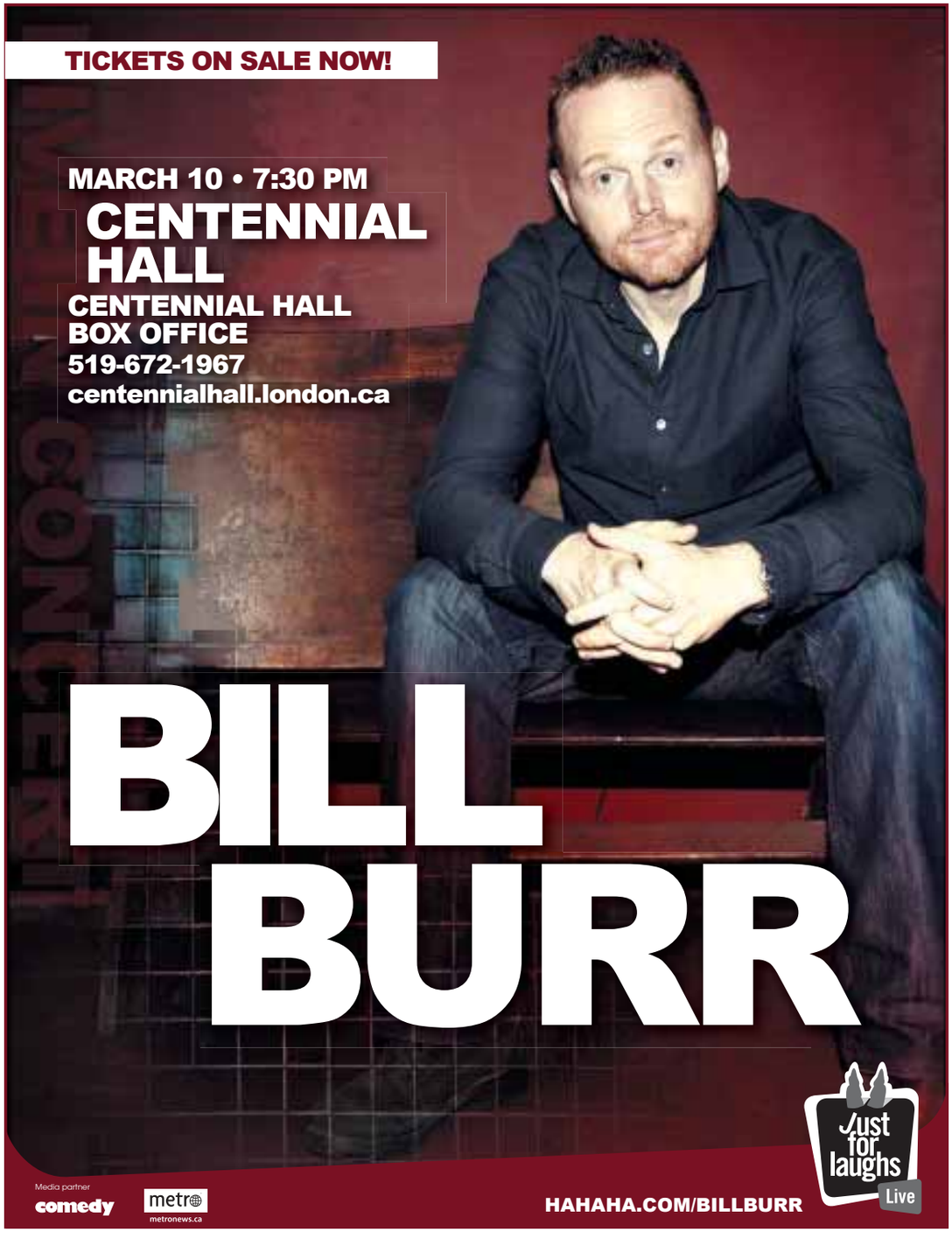
A Clockwork Orange (R) Fri-Sat 12
The Hobbit: The Desolation of Smaug (PG) Fri-Sat 7 Mon-Thu 7
No Films Showing Today (STC) Sun
Ride Along (14A) Fri-Sat 10 Mon-Thu 10

Wellington 8 Cinemas
983 Wellington Rd. S,

3 Days to Kill (PG) Fri 7:20-9:55 Sat-Sun 12:45-3:15-7:20-9:55 Mon-Thu 7:20-9:55
300: Rise of an Empire 3D (18A) Thu 9:10
Endless Love (PG) Fri 6:30-9:20 Sat-Sun 12:30-3-6:30-9:20 Mon-Wed 6:30-9:20 Thu 6:30
The LEGO Movie (G) Sat-Sun 3:45
The LEGO Movie 3D (G) Fri 6:50-9:30 Sat-Sun 1-6:50-9:30 Mon-Thu 6:50-9:30
The Monuments Men (PG) Fri 6:40-9:35 Sat-Sun 12:20-3:10-6:40-9:35 Mon-Thu 6:40-9:35
Non-Stop (PG) Fri 7-9:40 Sat-Sun 12:40-3:20-7-9:40 Mon-Thu 7-9:40
Pompeii (PG) Sat-Sun 3:50
Pompeii 3D (PG) Fri 7:15-9:45 Sat-Sun 1:10-7:15-9:45 Mon-Thu 7:15-9:45
RoboCop (PG) Fri 7:10-9:50 Sat-Sun 12:50-3:40-7:10-9:50 Mon-Thu 7:10-9:50
Son of God (PG) Fri 6:45-10 Sat-Sun 12:15-3:30-6:45-10 Mon-Thu 6:45-10

Cineplex Odeon Westmount & VIP Cinemas
755 Wonderland Road South

3 Days to Kill (PG) Fri 4:10-7-9:55 Sat-Sun 1:30-4:20-7:10-10:05 Mon 6:50-9:40 Tue 4:10-7-9:55 Wed-Thu 6:50-9:40 Star & Strollers Screening Wed 1
300: Rise of an Empire 3D (18A) No Passes Thu 8 No Passes Thu 9:15
The LEGO Movie (G) Fri 4-6:40 Sat 1-4-5:25-8 Sun 1-4-7 Mon 6:40 Tue 4-6:40 Wed 6:40 Thu 6:45



Pompeii. CONTRIBUTED

The LEGO Movie 3D (G) Fri 5-7:30-10 Sat 12-2:30-5-7:30-10:10 Sun 12:15-2:40-5:10-7:40-10:15 Mon 7:20-9:55 Tue 5-7:30-10 Wed-Thu 7:20-9:55
The Metropolitan Opera: Prince Igor (STC) Sat 12
The Monuments Men (PG) Fri 4:30-7:20-10:15 Sat-Sun 1:40-4:30-7:20-10:15 Mon 6:45-9:30 Tue 4:30-7:20-10:15 Wed 1:15-6:45-9:30 Thu 7:05-9:50 Fri 4-6:40-9:55 Sat-Sun 1:20-4-6:40-9:55 Mon 7:30 Tue 4-6:40-9:55 Wed 7:30
Non-Stop (PG) No Passes Fri 4:30-7:10-9:25 No Passes Sat-Sun 1:50-4:30-7:10-9:25 No Passes Mon 8 No Passes Tue 4:30-7:10-9:25 No Passes Wed 8 No Passes Thu 9:25 No Passes Fri 5:10-7:50-10:25 No Passes Sat 12:10-2:40-5:15-7:50-10:25 No Passes Sun 12:20-2:50-5:25-8-10:30 No Passes Mon 7:10-9:50 No Passes Tue 5:10-7:50-10:25 No Passes Wed 1:25-7:10-9:50 No Passes Thu 7:30 No Passes Thu 6:40
Pompeii 3D (PG) Fri 4:20-7:10-9:50 Sat-Sun 1:20-4:10-7:15-9:50 Mon 7:25-9:55 Tue 4:20-7:10-9:50 Wed-Thu 7:25-9:55 Fri 5-7:40-10:15 Sat-Sun 2:20-5-7:40-10:15 Mon 8:30 Tue 5-7:40-10:15 Wed-Thu 8:30
RoboCop (PG) Fri 4:40-7:40-10:25 Sat 7:30-10:20 Sun 1:50-4:40-7:30-10:20 Mon 7-9:50 Tue 4:40-7:40-10:25 Wed-Thu 7-9:50
Son of God (PG) No Passes Fri 3:45-6:50-10 No Passes Sat-Sun 12:30-3:40-6:50-10 No Passes Mon 6:30-9:35 No Passes Tue 3:45-6:50-10 No Passes Wed 1:20-6:30-9:35 No Passes Thu 6:30-9:35
Winter's Tale (PG) Fri 9:20 Sat 10:30 Sun 9:35 Mon-Wed 9:20 Star & Strollers Screening Wed 1

SilverCity London
1680 Richmond St

300: Rise of an Empire — An IMAX 3D Experience (18A) No Passes Thu 10
About Last Night (14A) Fri 2-4:25-7:20-9:50 Sat 1:50-4:15-8:05-10:30 Sun 1:50-4:15-7:20-9:45 Mon 1:55-4:20-7:15-9:45 Tue 2-4:25-7:20-9:50 Wed 3:45-6:50-9:25 Thu 1-3:45-6:45-9:25 Star & Strollers Screening Wed 1
Endless Love (PG) Fri 1:45-4:10-7:25-10:05 Sat 11:15-4:30-7:25-10:05 Sun 1:45-4:10-6:55-9:40 Mon 1:40-4:05-6:45-9:25 Tue 1:45-4:10-7:25-10:05 Wed 1:25-4:05-7-9:50 Thu 1:05-4:05-6:35-10:25
Frozen (G) Fri 1:15 Sat 11:10 Sun 12:50 Mon-Tue 1 Wed-Thu 1:15
Frozen 3D (G) Fri 3:30-5:50 Sat 3:45-6:05 Sun 3:10-5:30 Mon 3:15-5:35 Tue 3:30-5:50 Wed 3:40-6 Thu 3:40
Gnomeo and Juliet (G) Sat 11
The LEGO Movie (G) Fri 1-3:15-5:40-6:45-7:55 Sat 11-11:20-1-1:20-1:45-1:55-3:25-5:30-6:45-8 Sun 12:20-12:45-3:10-5-5:35-6:45-7:55 Mon 2-4:30-6:40-7 Tue 1-3:15-5:40-6:45-7:55 Wed 3:15-5:30-7:20 Thu 1-3:15-5:30-7:20 Star & Strollers Screening Wed 1
The LEGO Movie 3D (G) Fri 12:55-3:20-5:45-8-10:15 Sat 12-2:25-4:50-7:15-9:40 Sun 12:25-2:50-5:15-7:35-9:55 Mon 12:50-3:15-5:30-7:45-10 Tue 12:55-3:20-5:45-8-10:15 Wed 12:55-3:15-5:35-7:50-10:05 Thu 12:55-3:20-5:45-8-10:15
The Metropolitan Opera: Prince Igor (STC) Sat 12
The Monuments Men (PG) Fri 1:35-4:15-7:05-9:35 Sat 1:45-4:15-7-9:35 Sun 1:35-4:15-7:05-9:45 Mon 1:30-4:10-7-9:30 Tue-Thu 1:35-4:15-7:05-9:35
Non-Stop (PG) No Passes Fri 1:40-4:25-7:15-9:55 No Passes Sat 11:45-2:15-4:55-7:40-10:10 No Passes Sun 1:30-4:25-7:15-9:55 No Passes Mon 1:35-4:20-7:10-9:50 No Passes Tue-Thu 1:40-4:25-7:15-9:55
Pompeii 3D (PG) Fri 1:20-3:50-7:30-10:05 Sat 11:50-2:25-4:55-7:35-10:05 Sun 2:35-5:05-7:30-9:55 Mon 1:15-3:45-6:55-9:30 Tue 1:20-3:50-7:30-10:05 Wed 1:20-3:50-7:15-9:50 Thu 1:20-3:50-6:55-9:50
Ride Along (14A) Fri 10:15 Sat 10:25 Sun 10:10 Mon 9:20 Tue 10:15 Wed-Thu 9:45
RoboCop (PG) Fri 1:25-4:05-7-9:55 Sat 11:05-4:10-7:05-10:10 Sun 1:25-4:05-7-9:40 Mon 1:10-3:50-6:50-9:40 Tue-Thu 1:25-4:05-7-9:55
Romeo and Juliet (STC) Thu 7
Son of God (PG) No Passes Fri-Sat 12:50-4-7:10-10:20 No Passes Sun 12:50-4-7:05-10:10 No Passes Mon 12:50-3:55-7-10:05 No Passes Tue 12:50-4-7:10-10:20 No Passes Wed 12:55-3:50-6:45-9:30 No Passes Thu 12:55-3:30-6:35-9:40
Stalingrad: An IMAX 3D Experience (14A) Fri 1:05-4-6:55-9:55 Sat 12:30-3:30-6:55-9:55 Sun 1-3:55-6:50-9:50 Mon 12:55-3:50-6:45-9:45 Tue-Wed 1:05-4-6:55-9:55 Thu 1:05-4-6:55
That Awkward Moment (14A) Fri 2:15-4:30-8:05-10:20 Sat 5:50-8:20-10:30 Sun 12:30-2:45-7:55-10:10 Mon 1:10-3:25-7:55-10:10 Tue 2:05-4:30-8:10-10:20 Wed-Thu 2:20-4:40-7:45-10
The Wolf of Wall Street (18A) Fri-Sun 9:15 Mon 9:10 Tue 9:15 Wed 8:20 Thu 9

Look perfect on the red carpet

Amy Adams in 2013. GETTY IMAGES

Life as an A-list actress. From finding the right dress to erasing wrinkles and losing those extra pounds, getting Oscar-ready is a months-long affair

JOHN MACKAY
For Metro Canada

Puffiness! Breakouts! Bulges! If these are the nightmares that A-list actresses have on the nights leading up to the Oscars, they can be forgiven. They're only going to be seen by ... oh ... several hundred million people in 225 countries. No surprise that weeks, if not months, go into getting Oscar ready. Here's how it happens.

First, amass the troops. Have wardrobe stylist, tailor, hair stylist, makeup artist, dermatologist, aesthetician, nutritionist, personal trainer, massage therapist, manicurist and, since this is Hollywood, psychotherapist, scheduled and at the ready.

"The prepping can start months before the awards," says celebrity hair and makeup artist Sheri Stroh. "They'll get rolling with a diet and exercise protocol and meet with their stylist, who starts looking for the perfect dress."

Dermatologists and aestheticians, always on speed dial, come next, to perfect skin that's likely near perfect to begin with. But there's collagen to stimulate, pores to shrink and wrinkles to erase. Microdermabrasion, oxygen facials, LED light treatments and more — those high-definition cameras are merciless. And your Botox can always use a top-up.

Two weeks prior, get your hair cut and coloured. And how's your dress coming along? "It has to be the perfect dress that defines the celebrity's style," explains L.A. stylist Alissia Marciano.

By now you've picked out your dress — and your backup dress — and you've had more than one fitting. "Remember," Marciano says, "it has to fit you like a glove." Time to begin your juice fast. And schedule your spray tan.

The day's arrived, but don't worry, this is the easy part. Already carb-free and as cleansed, toned and taut as those three months of daily workouts will allow, do a little yoga to relax and then greet your team at the door. Try on your dress one last time. The tailor will cut and reshape it and can always sew you into the dress if need be.

While security men deliver the diamonds, let your hair stylist, makeup artist and manicurist get to work. What to eat today? Nothing! Well, maybe a little bowl of detox soup, but please, no salt or caffeine, you don't want to bloat — there's only so much Spanx can do.

Finally, it's 4:30 p.m. in L.A. and your car is here. You're dressed, accessorized and made up, waiting while your stylist scrapes the bottom of your shoes with a knife — those red carpets can be slippery.

Get into the car oh-so-carefully and sit very still on your drive to Hollywood's Dolby Theatre. But relax! You'll be on and off that 500 feet of red carpet before you know it.

Looking sharp

But what about the men?

While an Oscar bound actor has it easy in comparison, there's a good chance the tuxedo he chooses will make the morning news.

At Sunday's Oscars you'll see a little of everything: shawl collars, peaked lapels, single- and double-breasted, bow ties, straight ties. And as per usual you'll see a few really big mistakes from actors who insist on standing out as if just being at the Oscars isn't standing out enough.

Last year Daniel Day-Lewis topped the best dressed list in a midnight blue shawl-collared tux and Chris Pine scored big sartorial points in his black custom tailored double-breasted tux.

But all the tailoring in the world can't make a guy look comfortable in formal dress. It's about confidence. While George Clooney makes it look smooth and easy, Ben Affleck always looks like a man in distress.

JOHN MACKAY

Daniel Day-Lewis

Ben Affleck

Chris Pine

THE METRO NEWS JUST FOR LAUGHS DANNY BHOY CONTEST

DANNY BHOY

BEST INTERNATIONAL ACT
TIME OUT SYDNEY

"One of the most sparkling wits in the world."
MONTREAL GAZETTE

Dear Epson...

MARCH 13 · 7:30 pm
Centennial Hall

CENTENNIAL HALL BOX OFFICE
519-672-1967
centennialhall.london.ca

club metro

You could win front row tickets and a TRIP FOR TWO TO SCOTLAND!

BRITISH COUNCIL · Air transat

1 Win a pair of front row tickets to Danny Bhoy's Dear Epson Tour at Centennial Hall on March 13!

2 Grand prize: a trip for two to Scotland, including flights, courtesy of Air Transat, and 4 nights accommodation, courtesy of the British Council!

GO TO
WWW.CLUBMETRO.COM
TO ENTER TODAY!

London portion of contest closes March 10, 2014 at noon. Open to Canadian residents, excluding Quebec, 18 years or older. No purchase necessary. Odds of winning depend on the number of eligible entries. Go to www.clubmetro.com to enter and fill out entry form, including skill-testing question. There is one (1) Grand Prize of a trip for two (2) to Glasgow, Scotland, which includes return airfare to Glasgow, Scotland for two (2) people, on Air Transat, from the major Canadian airport closest to the selected entrant's place of residence that has direct Air Transat flights to Glasgow (i.e., the following airports: Toronto Pearson International, Calgary International Airport and Vancouver International Airport), four (4) nights hotel accommodation, courtesy of the British Council, total prize valued at approximately $5,000 CAD (based upon departure from Toronto, actual value may vary depending upon time and place of departure).

Just for laughs Live

Media partner comedy · metro metronews.ca · BRITISH COUNCIL · Air transat

HAHAHA.COM/DANNYBHOY
@OFFICIALBHOY WWW.DANNYBHOY.COM

The end of the annual film calendar is nearly upon us, with the 86th Academy Awards set for Sunday evening on CTV and CTV.ca. Here's a sample of what to expect on Hollywood's biggest night.

NED EHRBAR
Metro World News in Hollywood

Your guide to the Oscars

86th Academy Awards. Here's what to look out for during Sunday's ceremony, hosted by Ellen DeGeneres

Returning producers Neil Meron and Craig Zadan say the theme for this year's Oscars is a salute to heroes and heroines of all stripes, celebrating everything from Norma Rae and Captain Phillips to Harry Potter and the Ghostbusters. There will also be a segment celebrating the 75th anniversary of the Wizard of Oz.

Music will be a big part of the ceremony, which is great considering so many big names are nominated in the best song category. U2 (Mandela: Long Walk to Freedom), Pharrell Williams (Despicable Me 2), Karen O (Her) and Idina Menzel (Frozen) will all take the stage, as will Pink and Bette Midler for other performances.

With 46 famous faces presenting over the course of the night, it's going to be a busy stage. Presenters include previous winners like Jennifer Lawrence, Christoph Waltz, Kevin Spacey and Angelina Jolie, plus popular names like Zac Efron, Channing Tatum and Kristen Bell.

One we're definitely excited about is Vertigo star Kim Novak, making a rare public appearance at the ceremony.

This marks the 13th year the Oscars have been presented in the same venue, though the name has changed. What was the Kodak Theatre up until 2011 is now known as the Dolby Theatre. And if the ceremony feels long, just be thankful it's not 2000 anymore. That year, the proceedings clocked in at a whopping four hours and four minutes, while they generally average around three-and-a-half hours long. The first Oscars in 1929, by the way, lasted 15 minutes. If only.

Did you know

- Meryl Streep's nod for best actress in August: Osage County marks her 18th Oscar nomination, breaking the record for most nominations earned by an actor or actress, previously held by ... Meryl Streep.
- If Jennifer Lawrence wins for best supporting actress in American Hustle she'll become the youngest person to win two acting Oscars. She'd also be the first actress to win back-to-back awards in different categories and with the same director.
- This year marks only the second time that Pixar has released a film (Monsters University) that hasn't earned a best animated picture nomination. The first was 2011's Cars 2.

Gourmet GETAWAY
WIN
YOUR FAVOURITE CULINARY GETAWAY TO ONTARIO'S SOUTHWEST
RURAL ROOTS
HOMEGROWN TREASURES
COUNTRY COMFORT
TASTE OF THE HARVEST
BOUNTY TRAIL
Open your senses to all things local and artisanal.
Relish the pleasures of our farmers' markets and fresh offerings.
Wander through fields of lavender and shop for fresh market produce.
Journey along our pastoral countryside and quaint towns.
Sample fresh food and wines prepared with nature's bounty.
Visit WINaGourmetGetaway.ca to enter and to learn more about our many culinary experiences.
Ontario's SouthWest
Shaped by nature
ONTARIO
Yours to discover

Last-minute predictions

We're going ahead and calling most of the races all locked up, but there is still room for surprises. Best supporting actress and best picture seem particularly hard to pin down. But we're pinning them down anyway! If you win your office pool with this, we get a cut, OK?

- **Best Picture:** 12 Years a Slave
- **Best Director:** Alfonso Cuarón, Gravity
- **Best Actor:** Matthew McConaughey, Dallas Buyers Club
- **Best Actress:** Cate Blanchett, Blue Jasmine
- **Best Supporting Actor:** Jared Leto, Dallas Buyers Club
- **Best Supporting Actress:** Lupita Nyong'o, 12 Years a Slave
- **Best Original Screenplay:** Spike Jonze, Her
- **Best Adapted Screenplay:** John Ridley, 12 Years a Slave

Crews roll out the red carpet in preparation for the 86th annual Academy Awards on Sunday. GETTY IMAGES

A few good reads

The books behind the films

If you're looking for some good reading material, the Academy's best adapted screenplay category is a good place to start, but you'll be searching in vain for the book behind Before Midnight. The screenplay is an adaptation because it's based on the characters from previous films Before Sunrise and Before Sunset. Still, you can always cozy up with these:

- A Captain's Duty: Somali Pirates, Navy SEALs and Dangerous Days at Sea, the book by Richard Phillips (with co-writer Stephan Talty) became Captain Phillips, with Tom Hanks portraying Phillips.
- The Lost Child of Philomena Lee by Martin Sixsmith obviously became Philomena, starring Dame Judi Dench as Lee and Steve Coogan as former BBC presenter Sixsmith.
- 12 Years a Slave, the

harrowing 1853 memoir of Solomon Northup, was originally published with the subtitle "Narrative of Solomon Northup, citizen of New York, kidnapped in Washington city in 1841, rescued in 1853 from a cotton plantation near the Red River in Louisiana," which, honestly, is a total spoiler.

- Reading Jordan Belfort's own accounts of his exploits in the memoir The Wolf of Wall Street might help illuminate why the film's chronicle of bad behavior seemed so infatuated with its subject.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Girls star Driver tipped to play new Stars Wars VII villain

MELINDA TAUB
Metro World News

Some days, it's good to have a face like a handsome alien. Adam Driver, the Girls star who looks like the love child of sexy and weird, is putting those unconventional good looks to excellent use: He's close to signing a deal to play a villain in the upcoming Star Wars: Episode VII, according to Variety. Sources say his character will be in the vein of Darth Vader.

Apparently, the only hold-up was his Girls shooting schedule, but surely Hannah and Marnie's Brooklynite fretting is no match for the power of the Force. Although breathless casting rumours have swirled around just about every Hollywood male since the J.J. Abrams-directed reboot was announced, nothing has been confirmed yet, including for Driver — not by the Star Wars people, anyhow. Driver's co-star and boss Lena Dunham seems pretty sure he's got the job.

"We're VERY proud of Adam Driver re: Star Wars. He's about to rip a hole in da force. Is that a thing? I guess I should see those movies?" she tweeted on Feb. 26.

OK, maybe she's not totally sure, because she followed that up with a second tweet: "I confirm nothing bc I know nothing bc I'm on a plane with my dad! I just like Adam more than almost anyone, and JJ Abrams a whole lot too."

It's a good week for the Girls gang: another one of Driver's co-stars, Allison Williams, just got engaged to boyfriend Ricky Van Veen, who is a co-founder of the comedy website CollegeHumor.

No Patton the back for Thicke after MTV grind

There was plenty of outrage about Robin Thicke and Miley Cyrus' aggressively sexual routine at the MTV Video Music Awards back in August, and apparently Paula Patton was among those put off by the grinding and gyrating.

A source tells Us Weekly that the risqué performance left Patton feeling "utterly disrespected" and was a key factor in her decision to separate from Thicke after nine years of marriage. In fact, the pair reportedly got into a screaming match over the stunt.

Paula Patton

Rihanna ALL PHOTOS GETTY IMAGES

Rihanna's flirty ways keep Drake and Brown guessing — and love triangle intact

Everything old is new again, including the R&B love triangle that is Rihanna, Drake and Chris Brown. Rihanna recently enjoyed a Paris outing with the Canadian rapper, who traded blows with Brown at a New York club in 2012 over what was said to be an argument about her. And Rihanna has reportedly been exchanging text messages with ex-boyfriend Brown, who is still on probation for assaulting her five years ago, according to the NY Post. "Chris started texting Rihanna on her birthday (on Feb. 20), and the two have been sending each other a flurry of texts ever since," a source says. "Friends are freaked out that she's going to start dating him again."

Live steps from Western University.
Newly Renovated Suites at Affordable Prices
The Dorchester
The Whitehall
Each designer suite offers brand new features including custom kitchen cabinetry, new appliances plus a dishwasher, new bathrooms and modern lighting.
Suites feature open-concept living with large windows, spacious living areas, as well as private balconies with spectacular city and university views.
Amenities include:
• Outdoor swimming pool
• Tennis court
• Off-leash dog park
• Brand-new fitness and yoga facility coming soon
Bachelor, 1, 2, and 3 Bedroom Suites
from $865
Rent today! 888.294.7208
1231 & 1265 Richmond Street
Timbercreek Communities
Visit www.timbercreekcommunities.com and click on Student Living

DON'T LET COLD OR FLU SLOW YOU DOWN

HOW TO SAFEGUARD YOUR FAMILY

Sneezes, sniffles, or coughing fits can put a serious wrench into daily life.

Do you know the best ways to help prevent the flu? This year, help safeguard your family against illnesses with the following tips for cold and flu season.

BOOST YOUR IMMUNE SYSTEM

A healthy immune system is the best protection against cold and flu season. Keep your family's natural defences strong with these simple tactics:

• Avoid stress. Studies show that stress hampers your ability to stay healthy, especially during cold and flu season, so anything you can do to combat stress helps fight germs. Try taking a mini meditation break during the day — simply close your eyes and focus on breathing in and out for a few minutes.

• Get plenty of sleep. When you consistently log eight hours of sleep a night, your body has the chance to repair cells and build up your immune system.

• Eat right and exercise. Stock up on fruits and vegetables to give your body the nutrients it needs. Also, shoot for 30 minutes of moderate activity at least three times a week.

• Get a flu shot. Think of it as your secret weapon during flu season. It's approved for almost everyone older than 6six months. Consult your doctor to see if the whole family should be vaccinated.

FIGHT GERMS

When you keep germs away during cold and flu season, you can lower your odds of getting sick. Try these simple habits to help avoid stuffy noses and sore throats:

• Wash your hands. And talk to your children about why it's important to wash theirs. A typical hand washing — before a meal, after going to the bathroom, or anytime you cough, sneeze, or blow your nose — should last 20 seconds. It's roughly the time it takes to sing Happy Birthday twice in your head.

• Bring backup. Try sticking a bottle of hand sanitizer in your purse to fight germs when you are on the go.

• Clean your desk. It's a hot spot for germs at the office. Invest in some disinfectant wipes and clean your desk, keyboard, mouse, and phone frequently.

BE PREPARED FOR COLD AND FLU SYMPTOMS

Despite your best efforts, it can be tough to make it through cold and flu season without anyone in the family getting sick. Stock up on the essentials such as Vicks® NyQuil®, Vicks VapoDrops™, and Puffs Plus® with the Scent of Vicks.

P&G
WORLDWIDE PARTNER
PARTENAIRE
MONDIAL
EFFECTIVE 6-SYMPTOM COLD & FLU RELIEF, DAY OR NIGHT.
The non-drowsy, stuffy head, sore throat, nasal congestion, coughing, aching, fever, seize the day even with a cold...medicine.
DayQuil
NyQuil
The nighttime sniffling, sneezing, sore throat, coughing, aching, fever, so you can sleep with a cold...medicine.
VICKS® breathe life in™
VICKS DAYQUIL & NYQUIL
To ensure this product is right for you, always read and follow the label. Keep out of reach of children.
© Procter & Gamble, Inc., 2014.
Official Sponsor of the Olympics. 36 USC 220506

Liquid Assets

The best wine goes to...

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

For the first time in years I can say I've seen most of the movies nominated for the Best Picture Oscar. Sadly, not one of them speaks to the wine community.

It looks like I'll have to wait until The Billionaire's Vinegar, the story of the world's most expensive bottle of wine, hits theatres. Brad Pitt is set to star.

If you're wondering what my favourite wine movies are, here are my top picks:

Sideways: The brilliant Academy Award winner that made pinot noir a superstar.

Bottle Shock: Upstart Americans take on the French in a sniff, swirl and spit contest that ... well, I won't ruin the ending.

A Good Year: Russell Crowe inherits a French winery in Provence and his ego gets crushed just like his grapes.

Somm: A doc that will have you shedding a tear at the trials and tribulations of becoming a sommelier.

For me, the Oscars are an appetizer event and the refreshing varietal fruit of the Fat Bastard 2012 Chardonnay ($13.46 - $15.99) makes for a food-friendly date to the big show. **PRICES REFLECT RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

Nothing cures the winter blues like comfort food. Bestselling Australian chef Donna Hay shows us how, with a hearty slow-roasted lamb recipe from her cookbook Fast, Fresh, Simple.

Fancy with ease: Slow-Cooked Balsamic and Garlic Lamb

This recipe serves four. DONNA HAY

FAST, FRESH, SIMPLE
Donna Hay
gustotv.com

1. Preheat oven to 140 C (275 F). Place the lamb, vinegar, stock, rosemary, garlic and sugar in a deep baking dish and cover with a tight-fitting lid. Bake for 3 hours.

2. Turn lamb and bake further 2 hours. Remove the lid, increase temperature to 180 C (350 F) and bake for 30 minutes or until the lamb has browned.

Ingredients

- 1 kg lamb shoulder, on the bone
- 1 1/3 cups (310 ml) balsamic vinegar
- 3 cups (750 ml) chicken stock
- 6 sprigs rosemary
- 8 cloves garlic
- 2 tbsp brown sugar

3. Remove lamb from pan and keep warm. Pour pan juices over a bowl of ice and quickly remove the ice and the solidified fat with a slotted spoon. Place the pan juices into a small saucepan and bring to the boil.

4. Serve lamb with crispy roasted potatoes, steamed greens and pan juices. **WATCH DONNA HAY FAST, FRESH, SIMPLE MONDAY TO THURSDAY AT 6 P.M. EST ON GUSTO TV, CANADA'S NEW FOOD & LIFESTYLE CHANNEL. VISIT GUSTOTV.COM FOR FULL PROGRAM LINE-UP AND MORE GREAT RECIPE IDEAS.**

GustoTV

Australian chef Donna Hay is one of the great culinary masters airing on GustoTV. One of Canada's newest TV channels, Gusto features cooking and culinary travel shows each night, hosted by chefs and foodies from around the world, as well as here at home. For more details, check your local listings or visit gustotv.com.

Dessert

Standby Brownies

- 150 g butter
- 1 1/4 cups (275 g) caster (superfine) sugar
- 3/4 cup (75 g) cocoa
- 1 tsp vanilla extract
- 3 eggs
- 1/2 cup (75 g) plain (all-purpose) flour

Preheat oven to 160 C (325 F).

Place the butter, sugar and cocoa in a saucepan over low heat and stir until the butter has melted. Spoon into a bowl and add the vanilla and eggs, whisking well.

Sift the flour over the mixture and whisk to combine.

Spoon the mixture into a 20 cm-square cake tin lined with non-stick baking paper.

Bake for 30–35 minutes or until centre is just set. Cool in tin and cut into squares to serve. Makes 16. **DONNA HAY, GUSTOTV.COM**

Western
UNIVERSITY · CANADA

What do you think about exercise?

Tell us what really happens with exercise

Your participation is welcome if you are:

- A healthy adult between the ages of 35 and 65
- NOT currently exercising

A $20 grocery store gift card for study participation will be provided

For more information or to sign up please contact
thoughtsonexercise@gmail.com (519) 661-3211 ext 6

PRINCIPAL INVESTIGATOR: Dr. Craig Hall

Nemat's
RESTURANT
EAT-IN • TAKE-OUT • CATERING

1225 Wonderland Road North
Sherwood Forest Mall
(next to Goodlife Fitness)
519.204.0424

March Break LET'S CELEBRATE

2 Large chicken biryani
2 Small meat curries
2 Small veggie curries
6 Toasted naan bread
6 Samosas - your choice!

For Only $34.99

Expires: 03/15/2014

Mon-Fri. 10:30am-8pm | Sat 11am-6pm | Closed Sundays

WOW! Tandori chicken wrap $3.99
www.nemats.com

The Mooseheads' Zach Fucale ranks as the QMJHL's top goalie this season. JEFF HARPER/METRO IN HALIFAX

Zach on the attack for another Q title

QMJHL. Mooseheads goalie Fucale well past the disappointment of fourth-place finish at world juniors

Zach Fucale isn't letting disappointment on the international stage get him down.

The Halifax Mooseheads goaltender has excelled in the Quebec Major Junior Hockey League since playing for the Canadian team that finished fourth at the world junior championships over the Christmas holidays.

Now, with the playoffs rapidly approaching, the Mooseheads are strong contenders to repeat as QMJHL and Memorial Cup champions.

"The guys were very supportive and they had some good words for me," said Fucale, recalling his return from Sweden. "They really supported me the whole way through, so that was really great. I'm really happy to have a great bunch of teammates like that. They helped me come back and do a good job."

Despite the heartbreaking finish in Malmo, when Canada lost to Russia in the bronze-medal game, Fucale tries to take the positives from his international experience.

"Obviously, we were very disappointed with our end result," he said. "But, for me and for the players that were there, we were really thankful for the opportunity. We did what we could. We worked hard and it was a chance to have a good experience. It can certainly help in the future and our careers."

So far, so good for Fucale, an 18-year-old Laval, Que., native who was chosen in the second round (36th overall) by his hometown Montreal Canadiens in the last summer's NHL draft.

He ranks as the league's top goaltender with a 2.35 goals-against average, 29-9-0-3 record, .905 save percentage and four shutouts.

THE CANADIAN PRESS

Winning tradition

106

Zach Fucale sits fourth in all-time QMJHL goaltending wins with 106.

MLB

Bautista already in flight for Jays

Jose Bautista kept up his torrid start to the spring, hitting two doubles and driving in two runs Thursday that sent the Toronto Blue Jays over the Philadelphia Phillies 7-5.

A day after hitting a long home run against the Phillies in his first at-bat of exhibition play, Bautista had an RBI double in the first inning off Philadelphia ace Cliff Lee.

Bautista finished 2-for-2 with a walk. The former two-time major-league homer champion missed the final six weeks last year because of a hip injury.

Jose Reyes, Brett Lawrie and Melky Cabrera also drove in runs for Toronto.

Darin Ruf and John Mayberry Jr. hit home runs for Philadelphia.

Blue Jays starter R.A. Dickey allowed one unearned run in two innings.

THE ASSOCIATED PRESS

MLB

Jeter farewell tour begins with a dud

Derek Jeter got a partial standing ovation Thursday before hitting into a double play in his first at-bat of the first spring training game of his final season.

The New York Yankees captain, who turns 40 in June, hit a grounder to second off Pittsburgh right-hander Charlie Morton. He swung and missed once, hit three foul balls and grounded into a 4-6-3 double play on a 3-2 pitch.

Jeter grounded out to third on an 0-1 pitch against left-hander Jeff Locke in the fourth.

THE ASSOCIATED PRESS

Have you been diagnosed with Fibromyalgia or do you have unresolved muscle or nerve pain?

Join a clinical research trial to evaluate the effectiveness of a new investigational natural health product.

Contact KGK Synergize Clinic:
519-858-8359
clinic@kgksynergize.com
www.kgkclinic.com

Call us to see if you qualify!
Compensation up to $100.00

KGK synergize

ARGYLE
TAX SERVICE
We prepare Canadian, Quebec and U.S. returns.
argyletaxservice.com
1920 Dundas St. E. Unit 118
(519) 457-7670
Monday-Friday 9-9, Sat 9-5

Testing...Testing...Testing One, Two, Ferrari

Kimi Raikkonen of Finland and Ferrari drives to a third-place finish during Day 1 of Formula One winter testing at the Bahrain International Circuit on Thursday. Force India's Sergio Perez of Mexico finished first while Valtteri Bottas of Finland was second. The testing continues on Friday in preparation for the season-opening Australian Grand Prix in Melbourne, March 14-16. SHAUN BOTTERILL/GETTY IMAGES

Collins looks to play great wearing No. 98

NBA. Nets centre wearing jersey in honour of slain gay college student

Deron Williams took a moment to snap a few photos of Brooklyn teammate Jason Collins at their shootaround in Portland.

He couldn't help it: The NBA's first openly gay player was surrounded by a throng of cameras and microphones, and at least for the next week or so, Collins will be the face of the Nets wherever they go.

The seven-footer was signed to a 10-day contract on Sunday. He played in a 108-102 victory over the Lakers that night, with two rebounds, five fouls and a steal in just under 11 minutes.

Before Wednesday night's game against the Trail Blazers, Collins said he accepted both the interest and scrutiny that has come with his return to the league.

The family of Matthew Shepard will be looking on at the Pepsi Center in Denver on Thursday as the NBA's first openly gay player Jason Collins, right, and the Brooklyn Nets play the Nuggets. MARK J. TERRILL/THE ASSOCIATED PRESS

"I'm back playing basketball, so of course I'm enjoying this," he said.

Collins quietly played seven minutes in the 124-80 loss to the Blazers on Wednesday night, entering after Nets coach Jason Kidd had pulled his starters in the fourth quarter and many of the fans had already headed for the exits. He attempted one field goal.

After Portland, the Nets visit Denver, where the family of slain Wyoming college student Matthew Shepard were expected to make the drive for the game Thursday night against the Nuggets.

Shepard was tortured and murdered in 1998 because he was gay. Collins wears his No. 98 jersey in Shepard's honour. He wants to keep the details of any meeting with Judy Shepard to himself.

"Obviously, it's extremely special and I'm very much looking forward to meeting them," he said.

Collins wore the No. 98 with both the Boston Celtics and the Washington Wizards for Shepard even before coming out.

"We were very touched," Judy Shepard told the New York Daily News about the jersey. "For him to make that tribute to Matt was meaningful to us."

The jersey was already the biggest seller of the day Tuesday on NBAStore.com, and the NBA said it was selling well again Wednesday. The league didn't provide the number of jerseys sold.

Collins publicly announced he was gay last May, and he joins several other athletes to come out, including Robbie Roberts of Major League Soccer's Los Angeles Galaxy, Brittney Griner of the WNBA's Phoenix Mercury, and NFL draft hopeful Michael Sam, an All-American defensive end who played at Missouri.

THE ASSOCIATED PRESS

MLB. Braun doesn't wait long to display his Brawn

Back from a lengthy suspension, Ryan Braun quickly displayed some power.

The slugger hit a two-run homer Thursday in his first at-bat for the Milwaukee Brewers since completing a season-ending, 65-game suspension in 2013 for violating Major League Baseball's anti-drug agreement.

In the first inning of Milwaukee's spring opener against Oakland, Braun hit an 0-1 pitch off Tommy Milone high over the wall near the left-field corner, 345 feet away. The 2011 NL MVP got a hearty round of cheers, the loudest coming from fans in the dozen rows or so behind the Brewers bench at Phoenix Municipal Stadium, the spring home of the Athletics.

"It's still the first day of spring training. Better to hit the ball hard then to strike out," Braun said. "The goal is to have a gradual progression to prepare myself for the season."

One that promises to have its share of hecklers for Braun, at least at the start. Just before the homer, one fan wearing an A's hat yelled "MVP-E-D."

Ryan Braun GETTY IMAGES

Braun took it in stride.

"I've never experienced them not yelling at me," he said. "They have some new things to yell at me for, to yell at me about."

It was Braun's first game in the Brewers' lineup since July 21, 2013. The five-time all-star accepted a 65-game penalty the next day for his involvement with Biogenesis, a Florida clinic accused of distributing performance-enhancing drugs.

THE ASSOCIATED PRESS

PGA. Tiger's struggles continue at Honda Classic

On the course where Rory McIlroy first rose to No. 1, he looked as if he might be headed in that direction again, while Tiger Woods struggled.

McIlroy swung freely and walked briskly on his way to a 7-under 63 on Thursday, with birdies on the last two holes at PGA National giving him a one-shot lead over Russell Henley after the first round of the Honda Classic.

In his first tournament in a month, Woods couldn't make a birdie putt early and had to scramble for pars late in his round. A birdie on the last hole gave him a 71, leaving him eight shots behind. He goes into the second round outside the cut line. THE ASSOCIATED PRESS

Shooting from the hip

"It certainly wasn't together today. I didn't get into a roll early."

Tiger Woods on his opening round performance in Palm Beach Gardens, Fla.

CFL

Hortons hears an Oskee Wee Wee

The CFL's Tiger-Cats reached a 20-year lease agreement with the city of Hamilton for the use of the new Tim Hortons Field on Thursday.

The $145.7-million stadium is set to open when the Ticats play Ottawa July 26. The lease will see the CFL club commit upwards of $30 million over the term and was approved by civic officials Wednesday night. THE CANADIAN PRESS

NBA

Cousins banned for punch, abuse

The NBA suspended Sacramento Kings centre DeMarcus Cousins for one game and fined him $20,000 on Thursday for punching an opposing player and verbally abusing an official in a game against the Houston Rockets earlier this week.

Cousins will serve his suspension when the Kings visit the Los Angeles Lakers on Friday night.

THE ASSOCIATED PRESS

Horoscopes

♈ Aries
March 21 - April 20
As mind planet Mercury moves in your favour again today your attitude will change for the better and you will be more upbeat about your hopes. Anything is possible if you want it enough.

♉ Taurus
April 21 - May 21
Keep telling yourself that you have what it takes. If you say it enough, you will start to believe it and when that happens, all sorts of doors will suddenly open to you.

♊ Gemini
May 22 - June 21
If you have something to say you know isn't going to please some people, say it now. Don't worry about the consequences. Your job is to call it as you see it, and you see more clearly than most.

♋ Cancer
June 22 - July 23
Be on the lookout for money-making opportunities but don't go rushing after them the moment you spot them. As Mercury, planet of intellect and communication, turns direct again today you can afford to take your time.

♌ Leo
July 24 - Aug. 23
A loved one will speak their mind today and what they have to say will shock you. You never realized they could be so passionate, or so angry. Well, now you know, so what are you going to do about it?

♍ Virgo
Aug. 24 - Sept. 23
As of today you should find it easier to organize your daily routine and either get rid of or delegate jobs that take up a great deal of your time for very little in the way of rewards.

♎ Libra
Sept. 24 - Oct. 23
News you receive from afar will make you realize that what you've been worrying about in recent weeks is of no real importance. Creatively and romantically, seize the initiative and make things happen.

♏ Scorpio
Oct. 24 - Nov. 22
It may annoy you that someone is saying untrue things. But the best approach is to pretend that you have not noticed and that you agree with every word they say. Then prove them wrong.

♐ Sagittarius
Nov. 23 - Dec. 21
Now that Mercury, planet of communication, is moving in your favour again, you will find it easy to express yourself. But don't let everyone know what is going on in your head.

♑ Capricorn
Dec. 22 - Jan. 20
What seems extraordinary to you may be an everyday occurrence to other people, so let your mind be open to all possibilities. It doesn't, of course, mean you have to agree with them.

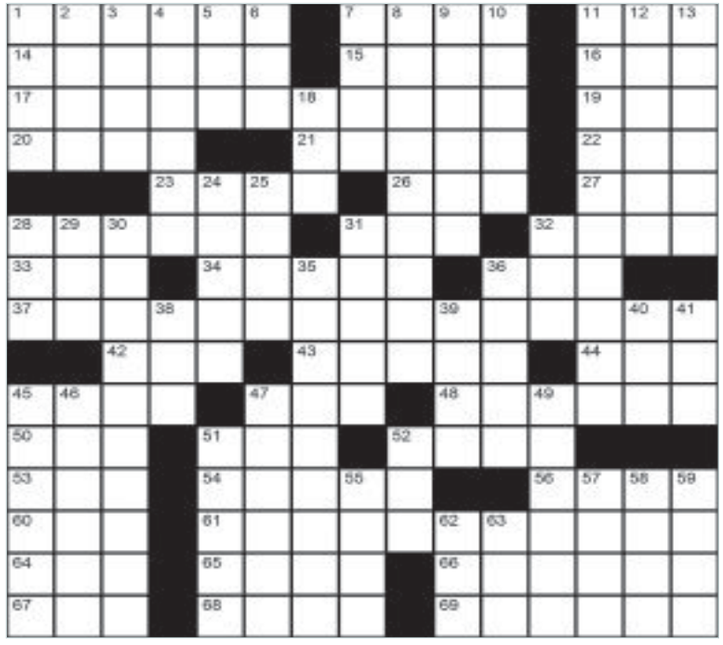
♒ Aquarius
Jan. 21 - Feb. 19
Any self-doubts you have will start to fade today and with luck will be swept away by tomorrow's new moon. People expect you to be positive in your views and don't want to disappoint them.

♓ Pisces
Feb. 20 - March 20
Mercury ends its retrograde phase and your self-belief will soar. With a new moon and a wonderful Sun-Jupiter link over the next 48 hours, this could be one of the best weekends of the year. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

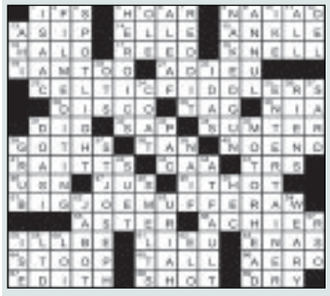
BY KELLY ANN BUCHANAN



Across
1. Sandy site
7. Cross of ancient Egypt
11. Talking Heads tune: "And She __"
14. Four-leaf __
15. Like retro records
16. Sherbrooke 'soul'
17. One-of-the-some who vote on Oscars: acronym + word
19. Till bill
20. Key
21. Traditions
22. Inventor Mr. Whitney
23. Pointing-out word
26. Bar brew
27. Duran Duran hit
28. Merry
31. "__-boom-bah!"
32. Near-not
33. "...man __ _ mouse?"
34. __ __ egg (Give birth, chicken-style)
36. Pres. monogram
37. Montreal-born star who received a Best Actress Oscar nod for her role as Anne Boleyn in "Anne of the Thousand Days" (1969): 2 wds.
42. Choler
43. Truth __
44. Born, fancy-style
45. Cats, for instance
47. '60s hit: "__ My Party"
48. Gymnastics great, Mary Lou __
50. English cathedral town
51. George Harrison's autobiography, _ __ Mine
52. Office-worker's 'about': 2 wds.
53. Klutz
54. After: French
56. Canadian comic Mr. Macdonald
60. Harper Valley org.
61. Movie of 1943 (with Greer Garson in the title role) for which Canadian star Walter Pidgeon was a Best Actor nominee: 2 wds.
64. Worn wreath
65. Oktoberfest drink
66. Martial Art
67. Slip
68. Greek Myth: Charon's river
69. Shoelace-insertion spot

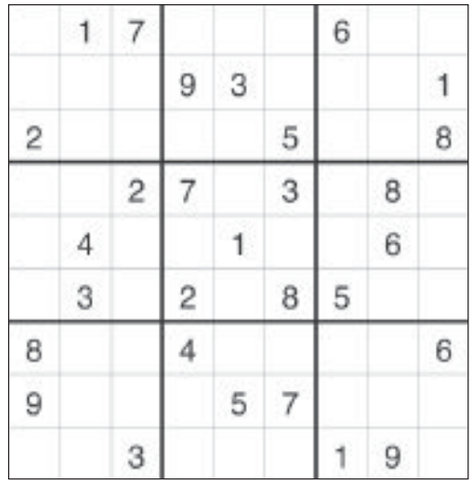
Down
1. Hoodwink
2. __ mater
3. Culture of northeastern Arizona
4. Billy Wilder directed comedy of 1972 starring Jack Lemmon!
5. CV
6. Branch
7. Cartridge, e.g.
8. Easily-figured-out decision
9. Prays at the pew
10. 2014 Best Animated Short Film nominee, "Get a __!"
11. Best Picture winner, "On the __" (1954)
12. Henry Fielding book of 1751
13. Junior opposite
18. 911 respondent
24. Bisect
25. Jai __
28. Treadmill pace
29. USA state
30. Magazine that hosts an annual Oscars party: 2 wds.
31. Keeps
32. Modifying wd.
35. Beatles song
36. Irked individual
38. Hosp. areas
39. Create a CD
40. 2014 Best Actor nominee Mr. DiCaprio
41. Home room
45. Citizenry
46. One who uplifts others with joy, say
47. Bestow
49. Time on the job
51. Poetic feet
52. Philosophy
55. Waters: French
57. Unwritten
58. Ceremony
59. Convene
62. Supplement
63. Small island

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

4	8	7	2	1	9	3	6	5
1	2	6	3	8	5	7	4	9
9	5	3	7	6	4	1	2	8
3	7	8	1	2	6	5	9	4
2	1	5	9	4	3	8	7	6
6	4	9	8	5	7	2	3	1
7	6	4	5	3	8	9	1	2
8	3	2	6	9	1	4	5	7
5	9	1	4	7	2	6	8	3

visit metronews.ca
metro

Cherryhill
VILLAGE MALL

It all happens here.

Your one stop spot for dining, shopping, visiting and enjoying.

Upcoming Events:

I.O.D.E. Book Sale	Sidewalk Sale	Volunteer Fair	Charity Bazaar	Antique Show	Cruize Nights
March 29	March 28 - April 6	April 9	April 24 - 25	May 6 - 10	May - Sept.

301 OXFORD ST. WEST
CHERRYHILLVILLAGEMALL.CA for event details and times.

minto

ARE YOU DREAMING ABOUT CAMPING OR RIDING?

26 BH Starcraft

Full Bath
A/C
Queen Bed
Sleeps 8
Double Bunks

STARCRAFT

$13,999+++

DS 31 Pioneer

Outdoor Kitchen
Double Door
Sleeps 8
Brand New - Floor Plan

$62/week PIONEER

+ = ONE LOW PAYMENT!!!

Ask for Details

MOTORCYCLES HAVE ARRIVED

2012 BMW S 1000 RR | 2009 Yamaha YZF R6 | 2010 Kawasaki Vulcan 900cc Classic | 2009 Honda CBR 600cc | 2010 Honda VT1300 CRA Sabre | 2011 Suzuki GSX-R 600cc

2014 PIONEER BH27

$34/week

1/2 Ton Towable
2 Doors
Full Kitchen and Bath
A/C
Double Bunk

Starflyer 8'

Hard Top Tent Trailer STARCRAFT

Has sink & Prewired for electricity

$4,995+tax

Corporate RV Headquarters

401 CANADA AUTO RV

401 Canada Auto RV Group

Sales and Service in Ingersoll

INGERSOLL
519-485-2100
325 Ingersoll St.,
Ingersoll, ON, N5C 3J7, Canada

RVAC | HEARTLAND | STARCRAFT CAMPING | pure and simple | 50

WWW.401RV.CA

ALL PAYMENTS ARE PLUS HST O.A.C ALL CASH PRICES ON TRAILERS ARE PLUS HST, FREIGHT, ADMIN., PREP FEES & HST. SEE DEALER FOR COMPLETE DETAILS ON TRAILERS.